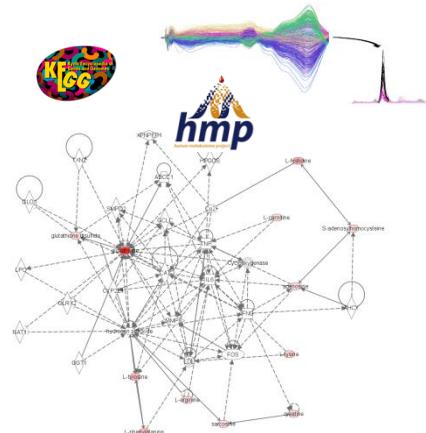




# Metabolómica y Alimentómica: Fundamentos y Aplicaciones



Alejandro Cifuentes  
Laboratory of Foodomics, CIAL  
National Research Council of Spain (CSIC)  
Madrid, Spain  
[a.cifuentes@csic.es](mailto:a.cifuentes@csic.es)

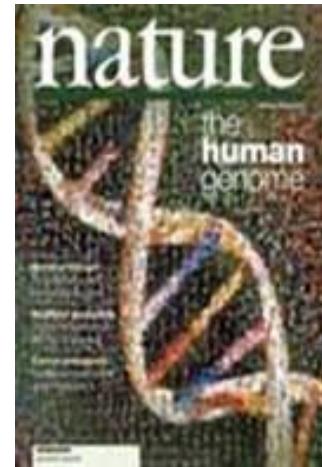


Univ. Zaragoza 2017

# La era –ómica



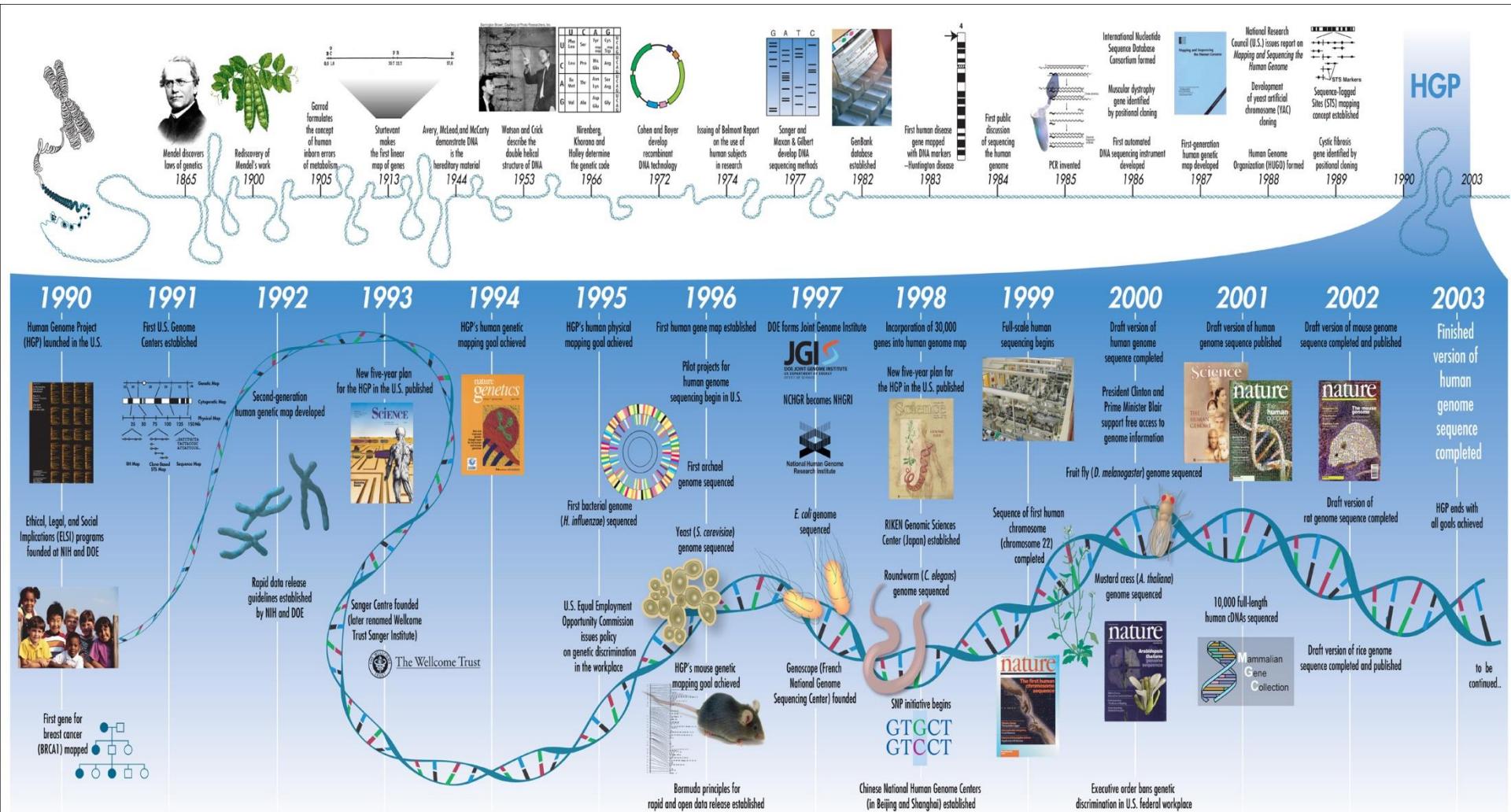
El sufijo “-oma” tiene origen griego y significa “conjunto de”; el empleo de este sufijo define las nuevas aproximaciones masivas hacia las que están derivando distintas disciplinas científicas en el campo de Ciencias de la Vida (p.ej., el estudio del genoma, proteoma, metaboloma...), esto incluye:



- Perfeccionamiento y desarrollo de nuevas técnicas y metodologías en el campo de la biología, bioquímica, química analítica, bioinformática, etc.
- Nuevas formas de entender y manejar la información disponible.
- Nueva aproximación a las cuestiones que se plantea la humanidad.

**OBJETIVO: EL BENEFICIO GLOBAL (OPEN DATABASES)**

# Proyecto Genoma Humano: El principio

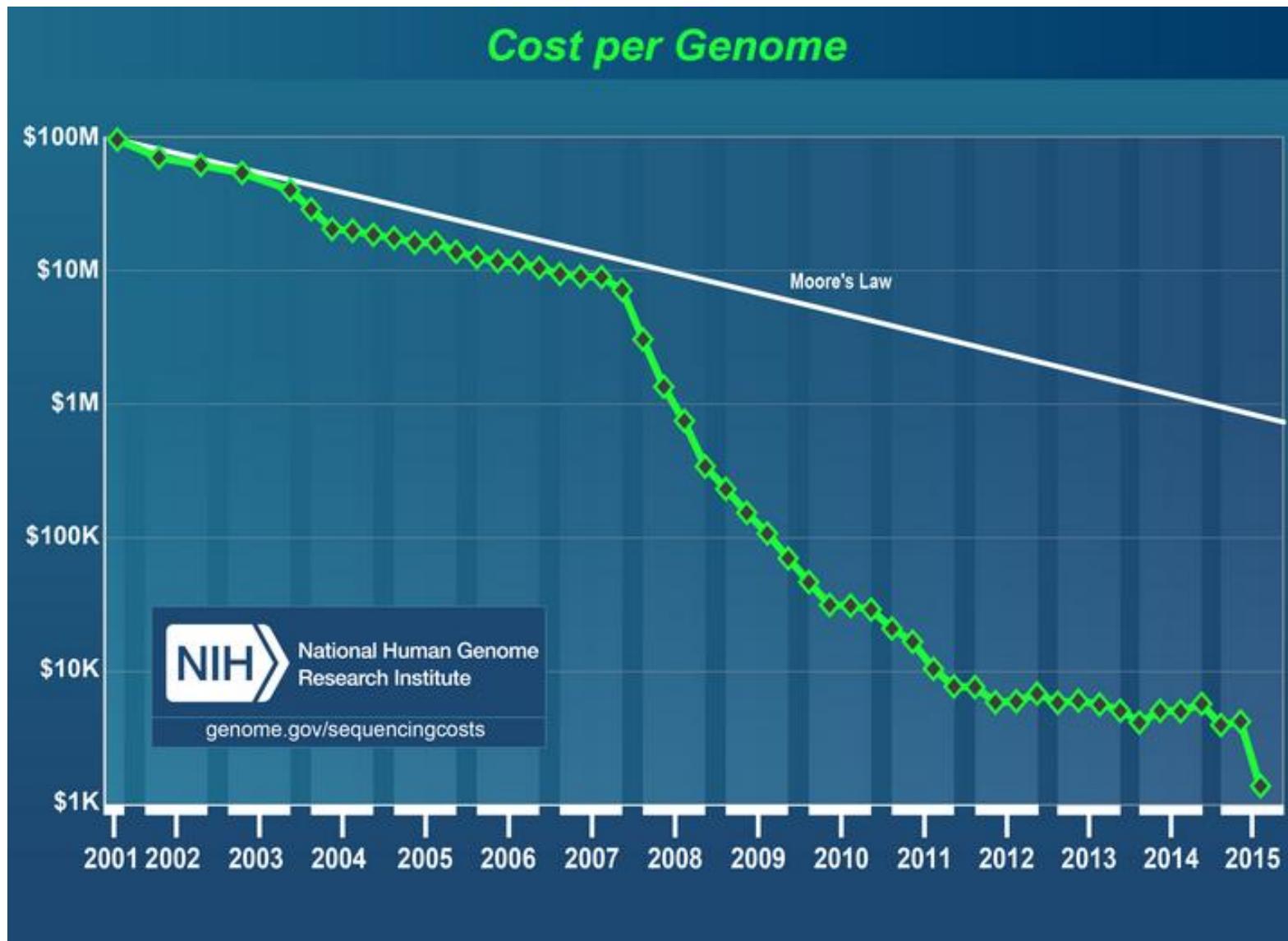


# Proyecto Genoma Humano: El objetivo

El objetivo del Proyecto Genoma Humano fue mejorar nuestro conocimiento de la fisiología y salud humanas, ayudando a combatir de forma más eficaz enfermedades infecciosas y no-infecciosas.

El trabajo de interpretación de los genomas secuenciados está aún en desarrollo y se considera que un conocimiento pormenorizado de los mismos proporcionará importantes avances en medicina, farmacología, biotecnología, etc.

# La era postgenómica



# **La (mala) salud en la era postgenómica**



- Cuatro enfermedades no transmisibles son hoy las responsables del 80% de las muertes en el mundo: cáncer, enfermedades cardiovasculares, diabetes y enfermedades respiratorias crónicas.
- La población mundial alcanzará los 9.6 billones en 2050, de los cuales un 19% (2 billones) serán mayores de 60 años, mucho más susceptibles a padecer las 4 enfermedades no transmisibles mencionadas (United Nations, 2014).
- Existe una creciente población con sobrepeso (mención especial a la población infantil), con riesgo de padecer obesidad y diabetes tipo 2.



## Cómo pueden los alimentos contribuir a estos retos?



# Volvamos 2500 años atrás

## Los alimentos: Algunas frases de Hipócrates

**“Somos lo que comemos”**

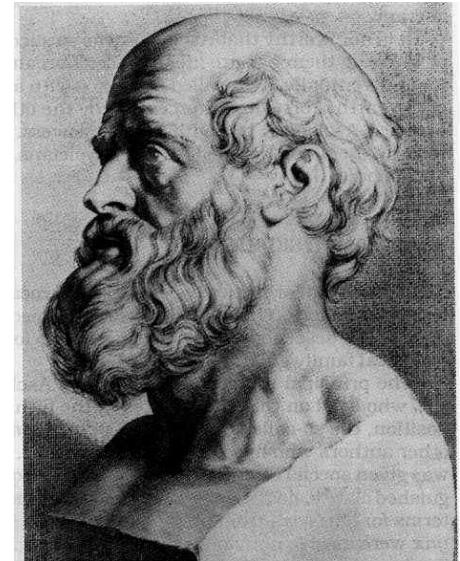
*Hipócrates, siglos IV-V a.c.*

**“Que el alimento sea tu mejor medicina y  
tu mejor medicina sea tu alimento”**

*Hipócrates, siglos IV-V a.c.*

**“Los jóvenes de hoy no parecen tener respeto alguno por el pasado  
ni esperanza alguna para el porvenir”**

*Hipócrates, siglos IV-V a.c.*





# Otros retos importantes en el Área Agroalimentaria, p.ej.:

1. To produce new functional foods with scientifically proved claims
2. To detect food safety issues at early stage, before they become global!
3. To develop, produce and monitor new transgenic foods
4. To understand the effects of gene-food interaction on human health (Nutrigenomics)
5. To explain the different answers from individuals to food (Nutrigenetics)
6. To establish the global role and functions of gut microbiome
7. To reduce through diet the impact of cardiovascular diseases, obesity and cancer (discovering the molecular mechanisms behind).
8. To get a personalized nutrition: How far we are?

# To get a personalized nutrition: How far we are?



# Otros retos importantes en el Área Agroalimentaria, p.ej.:



9. To reduce food allergy and food allergens
10. To confirm food quality and traceability
11. Understand the stress adaptation responses of food-borne pathogens
12. To understand the molecular basis of biological processes essential for improving agronomic and farm animal production
13. To understand postharvest phenomena through a global approach (genetics linked to environmental responses: biological networks)
14. To carry out pangenomics of industrial starter cultures and probiotics
15. Bioinformatics (including data processing, clustering, dynamics, or integration of the various 'omics' levels) will have to progress.

**Nuevos retos normalmente requieren nuevas respuestas....**

# Alimentómica

Nuestro grupo ha acuñado el término **Foodomics (Alimentómica)** y lo ha definido por primera vez en una revista SCI como: **una nueva disciplina que estudia los alimentos, incluyendo sus múltiples conexiones con la nutrición y la salud, mediante el empleo de técnicas ómicas con el fin de mejorar la salud y la confianza del consumidor.**

(Cifuentes et al.; *J. Chromatogr. A* 1216 (2009) 7109; *Electrophoresis* 31 (2010) 205; *Mass Spec. Rev.* 31 (2012) 49).

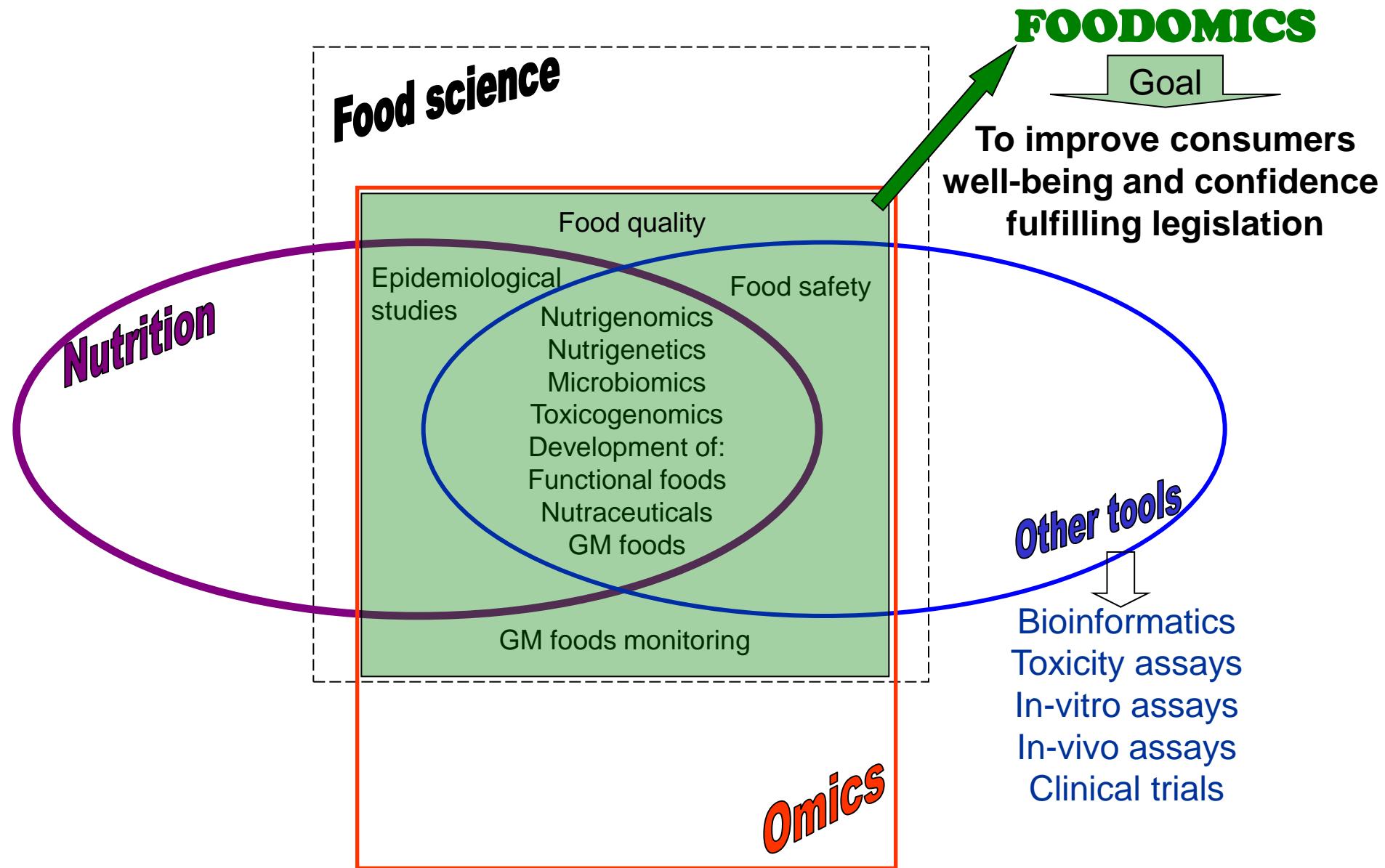
El interés en Foodomics coincide con una clara tendencia en medicina y biociencias hacia la prevención de enfermedades futuras.



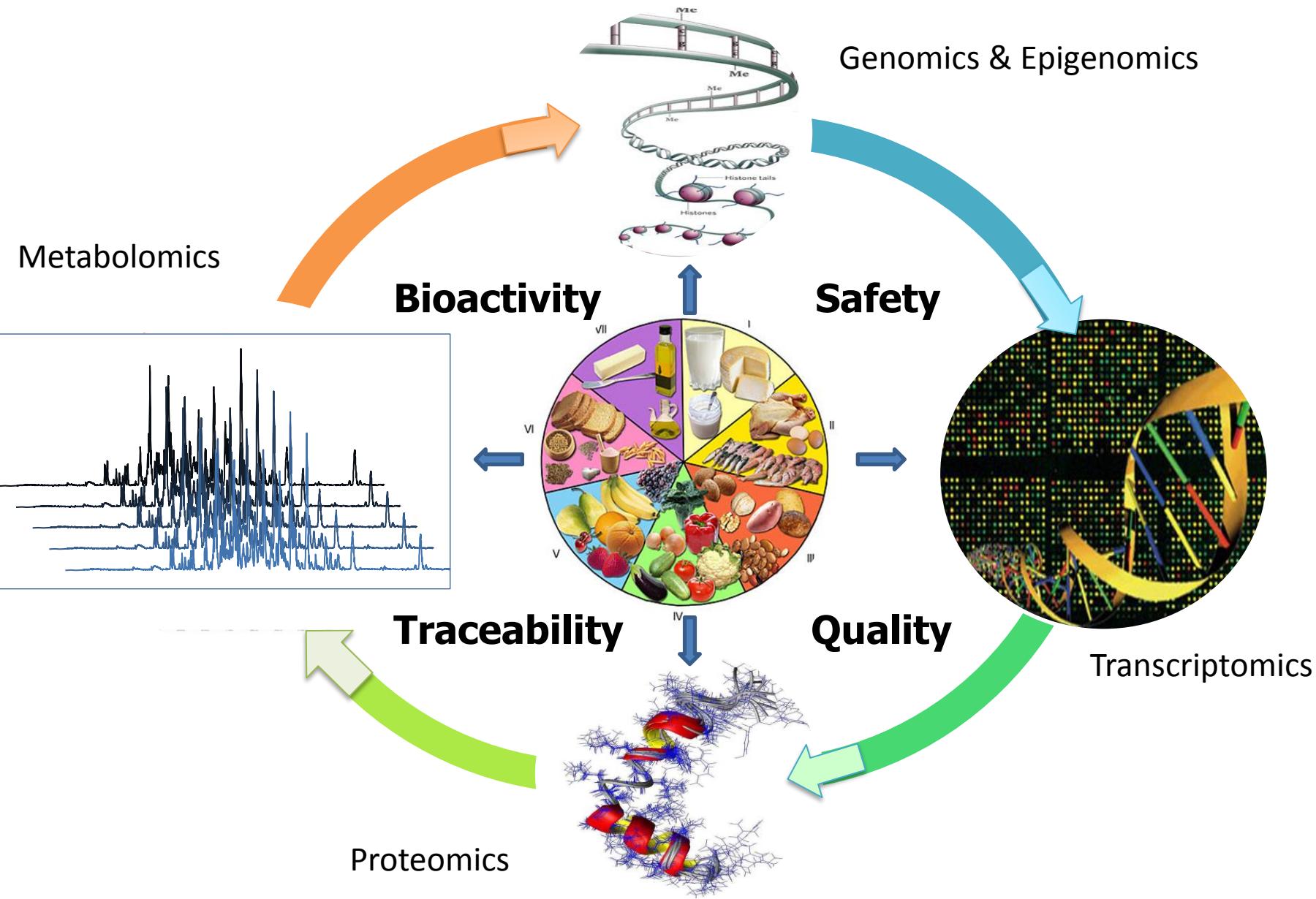
MEJORAR EL BIENESTAR  
Y LA CONFIANZA  
DE LOS CONSUMIDORES Y  
ASEGURAR EL CUMPLIMIENTO  
DE LA LEGISLACIÓN



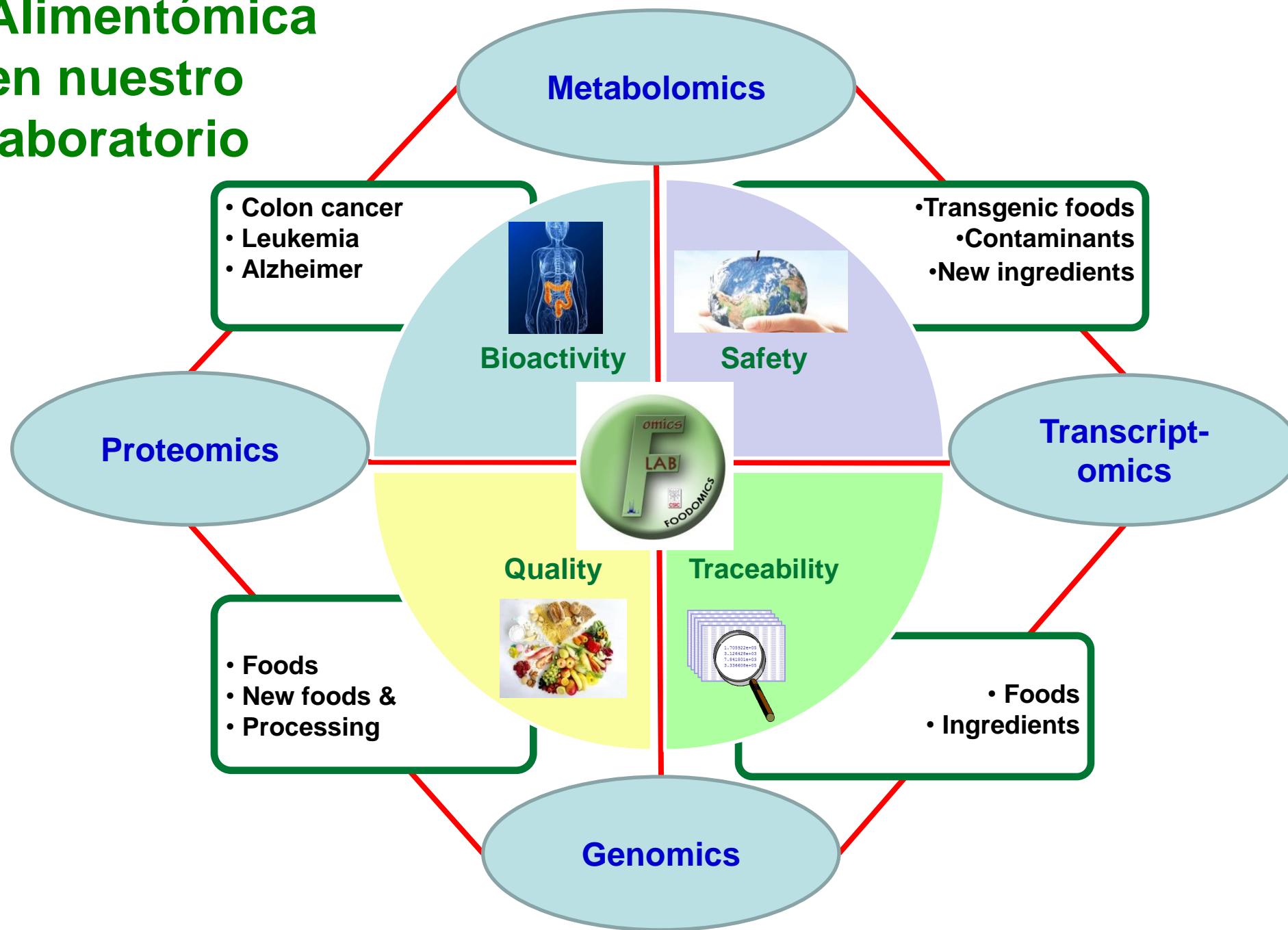
# Foodomics: A new omics for a new food era



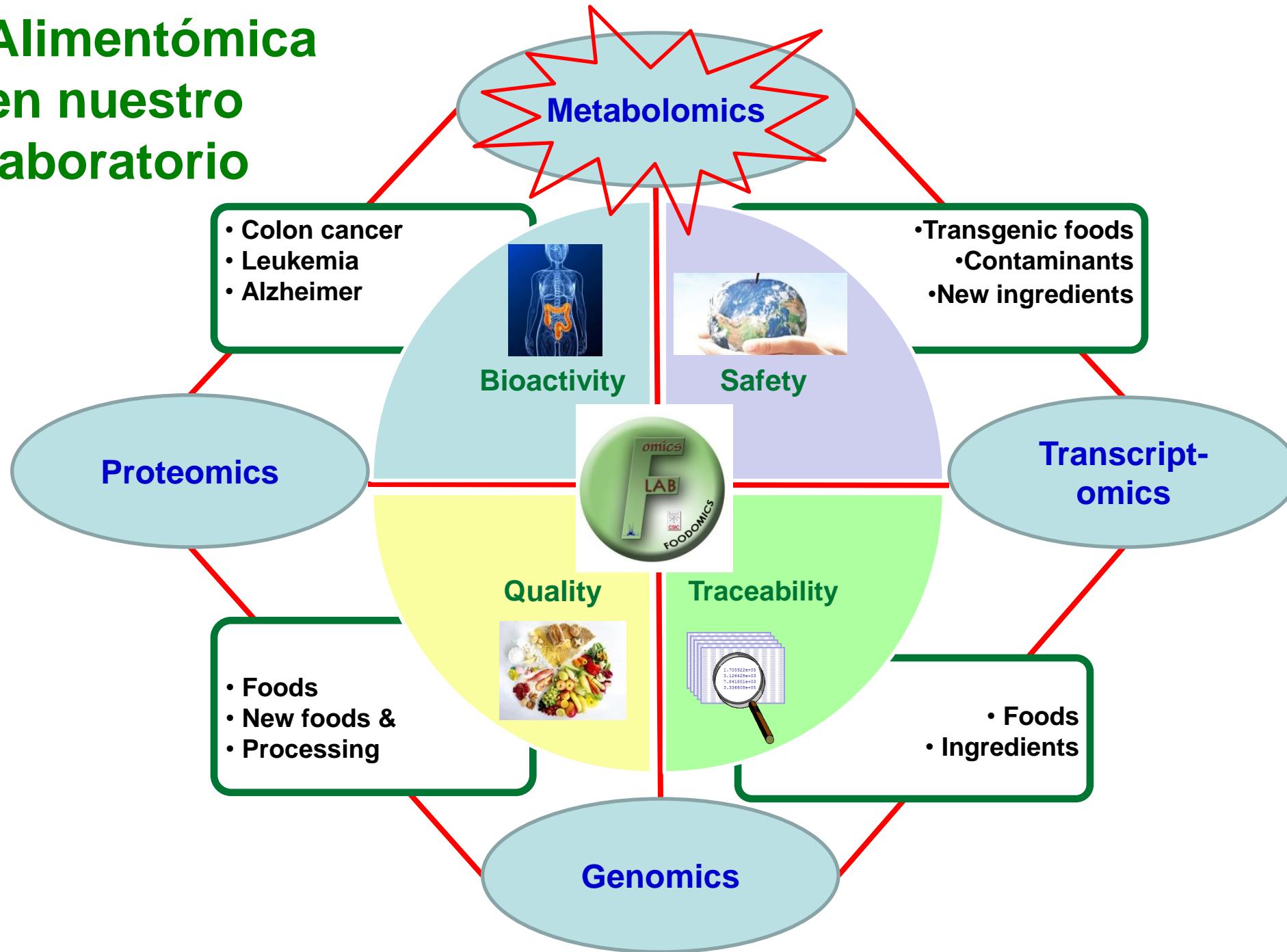
# Foodomics tools and applications



# Alimentómica en nuestro laboratorio



# Alimentómica en nuestro laboratorio



# **METABOLÓMICA**

## **METABOLISMO**

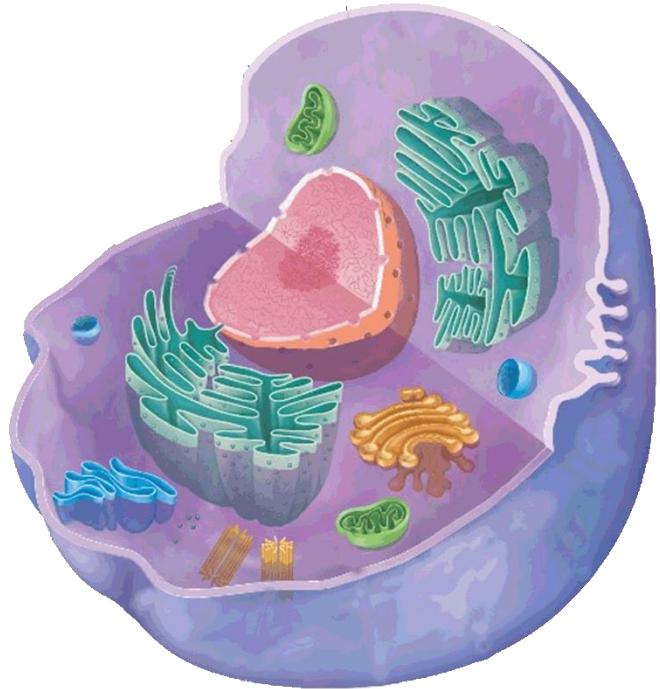
*μεταβολή*

## **METABOLITOS**

son los intermediarios y productos del metabolismo

## **METABOLOMA**

es el conjunto de pequeñas moléculas en una muestra determinada: suero, orina, células, tejidos, órganos, organismo

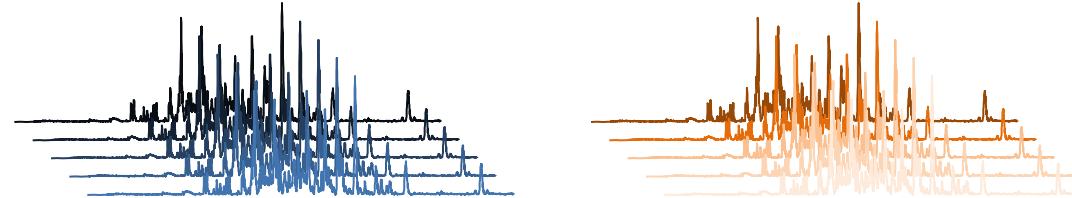


# SAMPLE PREPARATION/METABOLITES EXTRACTION



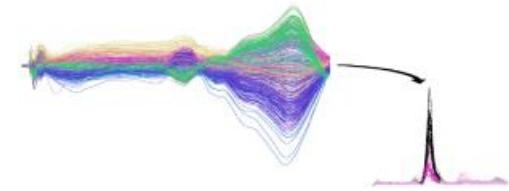
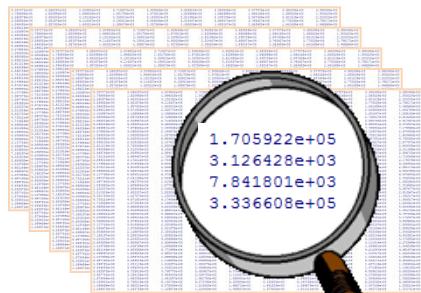
time, reproducibility, selectivity

## METABOLOMICS/FINGERPRINTING

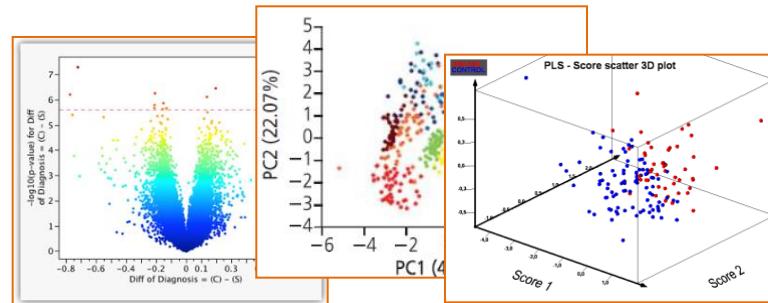


MS  
LC-MS  
GC-MS  
CE-MS  
NMR...

## DATA ANALYSIS AND MULTIVARIATE STATISTICS



Peak finding, peak integration, time alignment, adduct removal, normalization, etc...



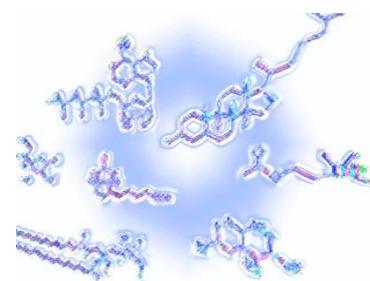
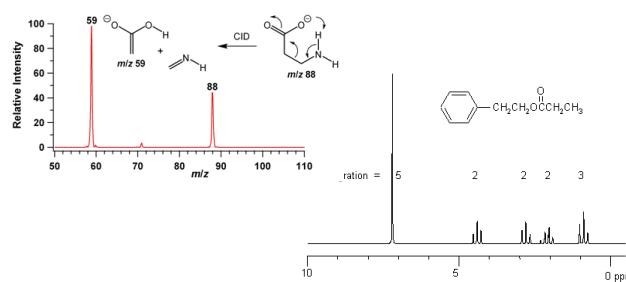
## BIOMARKER IDENTIFICATION



PubChem



Scripps Center For Metabolomics  
METLIN: Metabolite and Tandem MS Database



## PATHWAY ANALYSIS AND CONFIRMATION

# METABOLOMICS

Human diseases  
Diagnosis  
Determination of disease state  
Prevention  
Biomarker discovery  
Risk determination

Microbial biotechnology  
Microbial improvement  
Fermentation  
Biotechnological compounds

Food technology  
Food safety, quality  
Nutrigenomics

Toxicology  
Toxicity assessment  
Toxic effects of drugs

Systems Biology  
Dynamics in biological systems  
Explore metabolic networks

Plant biotechnology  
Crop improvement  
Transgenic research  
Plant breeding  
Improve stress tolerance

Enzyme discovery  
Discovery of biochemical pathways  
Link changes in metabolite levels to catalytic activity  
Improve catalytic efficiency of enzymes

Pharmacology  
Drug discovery  
Treatment  
Doses evaluation

# Metabolomics: applications to food science and nutrition research

David S. Wishart<sup>a,b,c,\*</sup>

Trends in Food Science & Technology 19 (2008) 482–493



International Journal of  
*Molecular Sciences*  
Int. J. Mol. Sci. 2016, 17, 1871

Review

## Metabolomics, a Powerful Tool for Agricultural Research

He Tian, Sin Man Lam and Guanghou Shui \*

## Metabolomics in Food Science

Juan Manuel Cevallos-Cevallos<sup>\*†</sup>, José Ignacio Reyes-De-Corcuera<sup>†</sup>

Advances in Food and Nutrition Research, Volume 67

SAFETY



Legislation

QUALITY



Functional food  
Nutraceuticals

PROCESSING

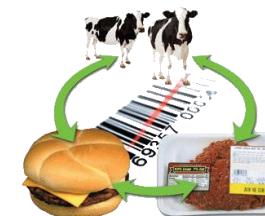


Allergenicity  
Intolerance

BIOACTIVITY



Health



Traceability



Substantial equivalence



Contamination  
Toxicity



Processing



Adulteration

# METABOLOMICS and AGROFOOD SCIENCE

# Illuminating a plant's tissue-specific metabolic diversity using computational metabolomics and information theory

Dapeng Li<sup>a</sup>, Sven Heiling<sup>a</sup>, Ian T. Baldwin<sup>a</sup>, and Emmanuel Gaquerel<sup>a,b,1</sup>

<sup>a</sup>Department of Molecular Ecology, Max Planck Institute for Chemical Ecology, 07745 Jena, Germany; and <sup>b</sup>Centre for Organismal Studies, University of Heidelberg, 69120 Heidelberg, Germany

Edited by Jerry Meinwald, Cornell University, Ithaca, NY, and approved October 11, 2016 (received for review June 23, 2016)

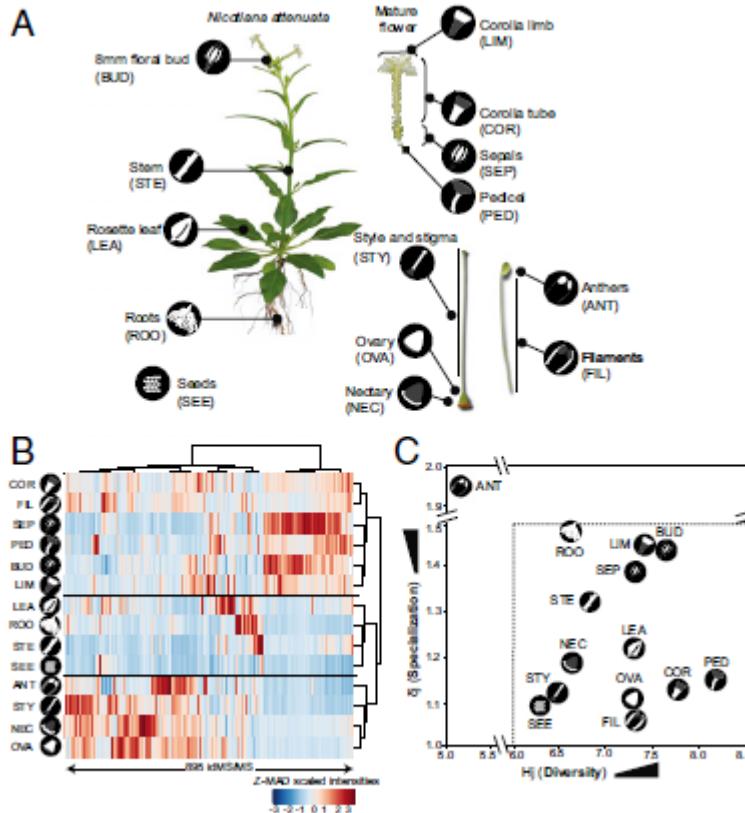


Fig. 1. Integration of MS-based metabolomics and information theory analysis highlights tissue-specific metabolome specialization. (A) Tissues were collected

Metabolomics was done using UHPLC-ESI/qTOF-MS.

The metabolic differences among tissues within a plant provide another source of variance that can be harnessed in the quest to understand gene function. The workflow defines a framework for future evolutionary studies on plant tissue metabolic specialization.

PNAS, published online Nov 7<sup>th</sup>, 2016  
[www.pnas.org/cgi/doi/10.1073/pnas.1610218113](http://www.pnas.org/cgi/doi/10.1073/pnas.1610218113)

## Mini-review

# Using lipidomics for expanding the knowledge on lipid metabolism in plants

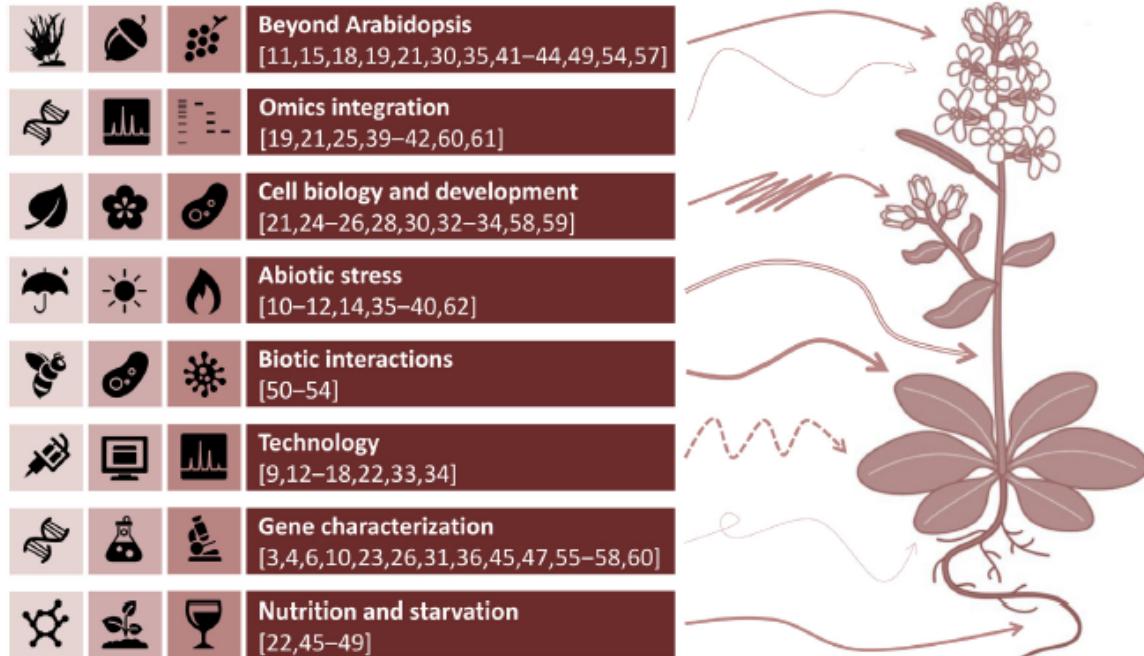


Hezi Tenenboim <sup>a,1</sup>, Asdrubal Burgos <sup>a,1</sup>, Lothar Willmitzer <sup>a</sup>, Yariv Brotman <sup>b,\*</sup>

<sup>a</sup> Max-Planck-Institut für Molekulare Pflanzenphysiologie, Potsdam, Germany

<sup>b</sup> Department of Life Sciences, Ben Gurion University of the Negev, Beersheva, Israel

Recent advances in metabolomic and lipidomic technologies and analysis have increased our knowledge of the plant lipidome, its biosynthesis, regulation, adaptation, remodeling, functions, roles, and interactions. This paper discusses specific issues pertaining to lipidomic research in plants, and how lipidomics has helped elucidate key issues in plant cell biology, immunity, response to stress, evolution, crop enhancement - to name but a few.



**Fig. 1.** A graphic summary of some of the topics discussed in this review, along with the relevant references. All icons taken from [www.icons8.com](http://www.icons8.com).

Special Issue: Unravelling the Secrets of the Rhizosphere

## Review

# Metabolomics in the Rhizosphere: Tapping into Belowground Chemical Communication

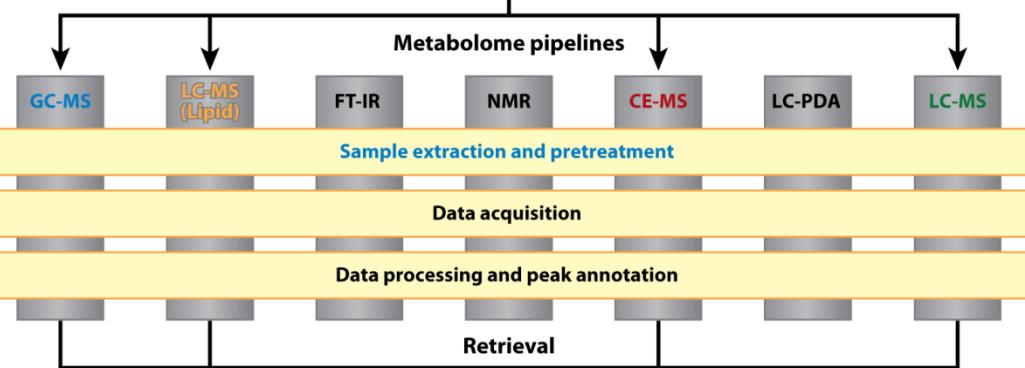
Nicole M. van Dam<sup>1,2,3,\*</sup> and Harro J. Bouwmeester<sup>4,\*</sup>

Interactions between roots and rhizosphere community members are mostly achieved via chemical communication. Root exudates contain an array of primary and secondary plant metabolites that can attract, deter, or kill belowground insect herbivores, nematodes, and microbes, and inhibit competing plants. Metabolomics of root exudates can potentially help us to better understand this chemical dialogue.

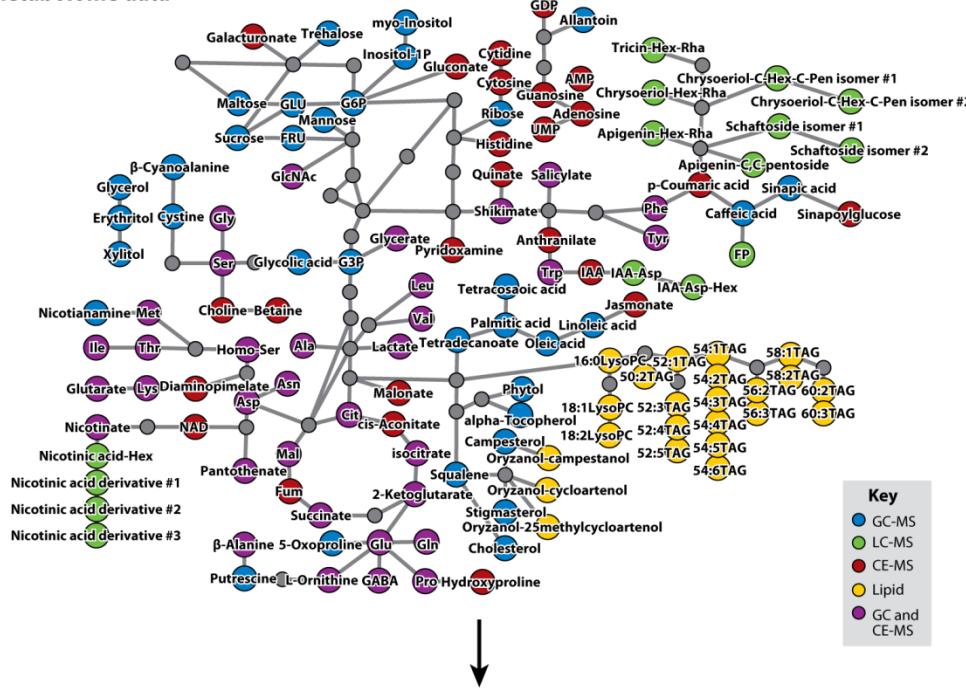


Trends in Plant Science  
Figure 1. Belowground Chemical Communication of Plants with other Organisms. (A) Plants exude phenolic acids and sugars.

*Trends in Plant Science* 21 (2016) 256-265  
<http://dx.doi.org/10.1016/j.tplants.2016.01.008>



## Metabolome data



# Metabolomics for Functional Genomics, Systems Biology, and Biotechnology

Kazuki Saito<sup>1,2</sup> and Fumio Matsuda<sup>1</sup>

<sup>1</sup>RIKEN Plant Science Center, Tsurumi-ku, Yokohama 230-0045, Japan

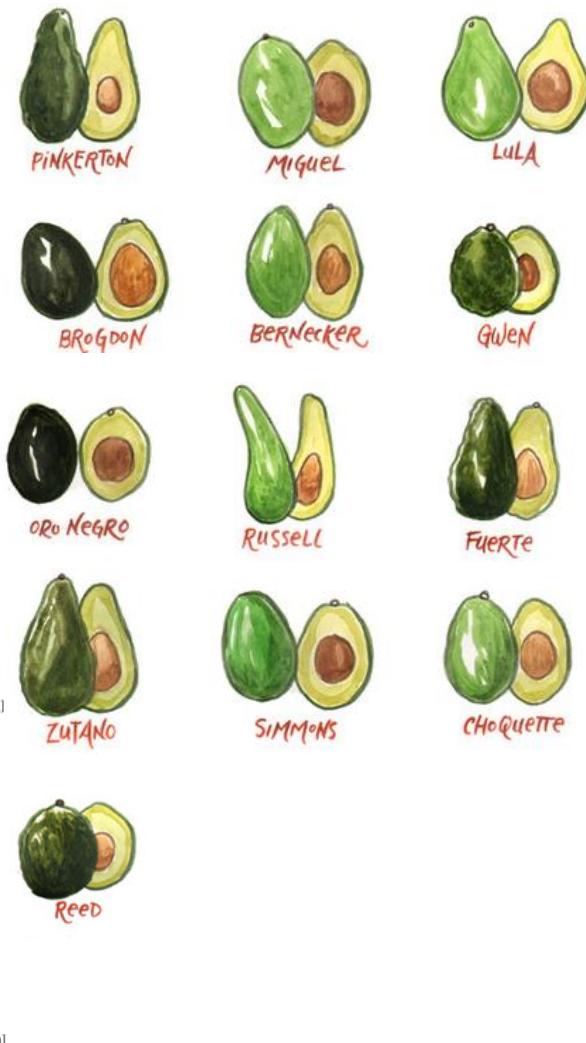
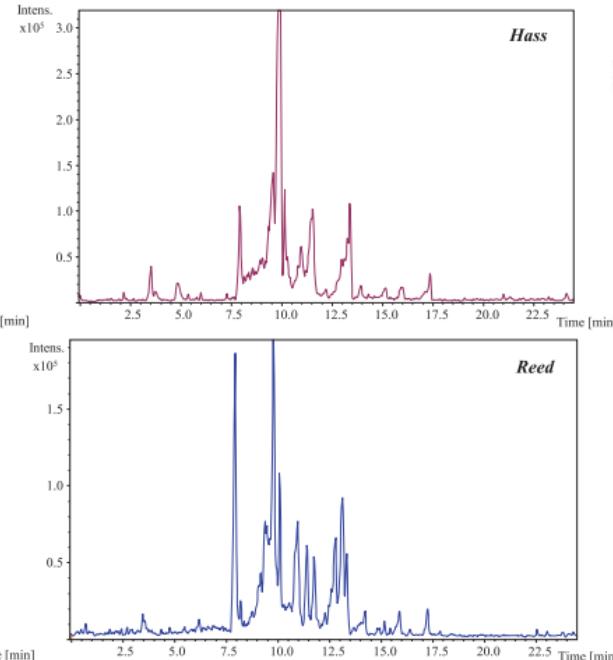
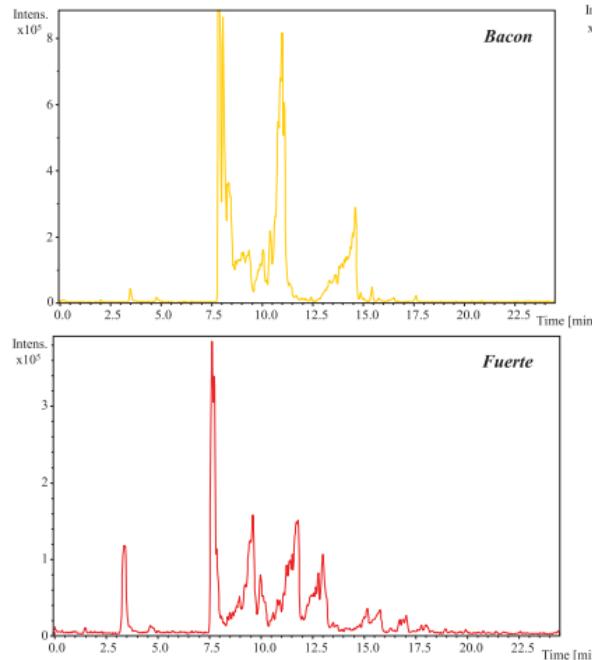
*Annu. Rev. Plant Biol.* 2010. 61:463–89

Metabolomics plays a significant role in fundamental plant biology and applied biotechnology. Plants collectively produce a huge array of chemicals, far more than are produced by most other organisms. Metabolomics applications include quantitative loci analysis, prediction of food quality, and evaluation of genetically modified crops. Systems biology driven by metabolome data will aid in deciphering the secrets of plant cell systems and their application to biotechnology.

# Determination of changes in the metabolic profile of avocado fruits (*Persea americana*) by two CE-MS approaches (targeted and non-targeted)

Paulina K.  
Contreras-Gutiérrez<sup>1</sup>  
Elena Hurtado-Fernández<sup>1</sup>  
María Gómez-Romero<sup>2</sup>  
José Ignacio Hormaza<sup>3</sup>  
Alegria Carrasco-Pancorbo<sup>1</sup>  
Alberto Fernández-Gutiérrez<sup>1</sup>

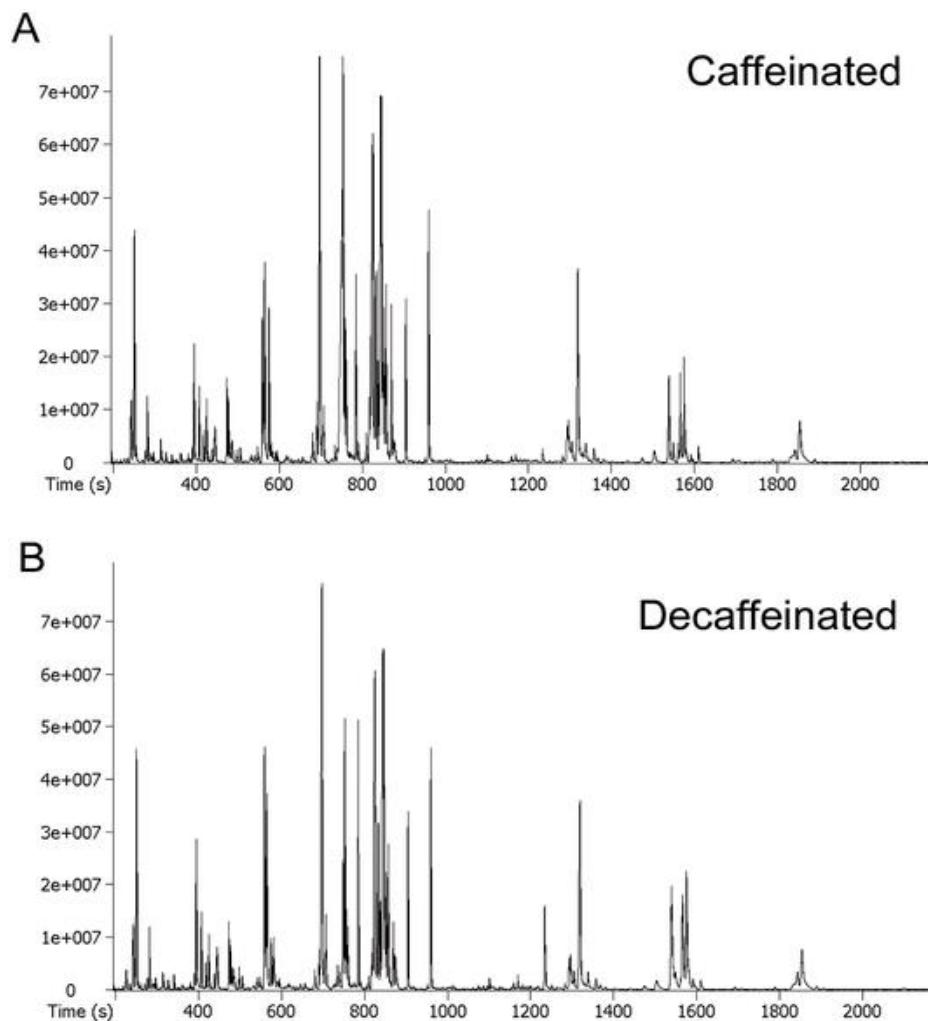
Electrophoresis 2013, 34, 2928–2942



Bare fused-silica capillaries with 50  $\mu\text{m}$  id and a total length of 85 cm from Beckman Coulter Inc. were used. The running buffer was 40 mM ammonium acetate at pH 9.5, voltage was set at 30 kV.

Perseitol, quinic, chlorogenic, *trans*-cinnamic, pantothenic and abscisic acids, as well as epicatechin and catechin decreased during the ripening process, whereas ferulic and *p*-coumaric acids showed the opposite trend.

**Figure 1. Metabolomic profiling of coffee samples using GC-TOF-MS.**



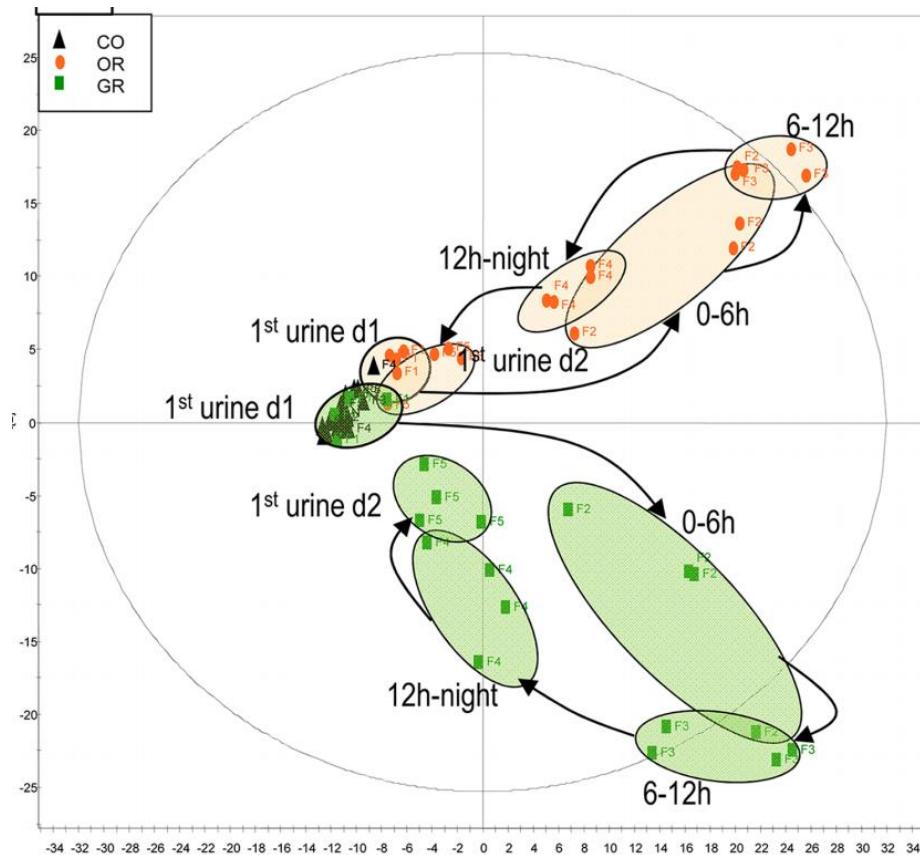
Chang KL, Ho PC (2014) Gas Chromatography Time-Of-Flight Mass Spectrometry (GC-TOF-MS)-Based Metabolomics for Comparison of Caffeinated and Decaffeinated Coffee and Its Implications for Alzheimer's Disease. PLOS ONE 9(8): e104621. doi:10.1371/journal.pone.0104621

<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0104621>

# Mass Spectrometry-based Metabolomics for the Discovery of Biomarkers of Fruit and Vegetable Intake: Citrus Fruit as a Case Study

Estelle Pujos-Guillot,<sup>†,‡</sup> Jane Hubert,<sup>†,‡</sup> Jean-François Martin,<sup>†,‡</sup> Bernard Lyan,<sup>†,‡</sup> Mercedes Quintana,<sup>†,‡</sup> Sylvain Claude,<sup>†,‡</sup> Bruno Chabanas,<sup>†,‡</sup> Joseph A. Rothwell,<sup>†,‡</sup> Catherine Bennetau-Pelissero,<sup>§,||</sup> Augustin Scalbert,<sup>⊥</sup> Blandine Comte,<sup>†,‡</sup> Serge Hercberg,<sup>#</sup> Christine Morand,<sup>†,‡</sup> Pilar Galan,<sup>#</sup> and Claudine Manach<sup>\*,†,‡</sup>

J. Proteome Res. 2013, 12, 1645–1659

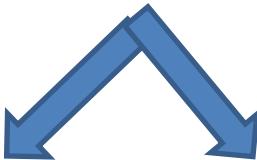


- ▲ Control
- Orange juice
- Grapefruit

Principal Component Analysis (PCA) of these significant ions shows the dynamic evolution of the urine metabolome after ingestion of orange and grapefruit juice



# Foodomics projects in our lab on:



**Safety, quality and traceability of Transgenic foods  
Other foods & ingr**

GM corn, GM soya,  
GM yeasts...

DNA, proteins and metabolites



In collaboration with  
**GSF**  
(Munich, Germany)

**Bioactivity of food ingredients against:**

**Alzheimer**



**Population study**



**Biological sample:  
Cerebrospinal fluid  
(CSF)**



In collaboration with  
**Karolinska Institute**  
(Stockholm, Sweden)

**Colon cancer**



**Human cell lines  
Animal models**



**Biological samples:  
DNA, RNA,  
proteins and  
metabolites**



In collaboration with  
**Univ. Miguel Hernandez, Elche, Spain**  
**University of Granada, Granada, Spain**



**Human cell lines**



**Biological samples:  
DNA, RNA,  
proteins and  
metabolites**



# Foodomics projects in our lab on:

**Safety, quality and traceability of Transgenic foods  
Other foods & ingr**

GM corn, GM soya,  
GM yeast...

DNA, proteins and metabolites



In collaboration with  
**GSF**  
(Munich, Germany)

**Bioactivity of food ingredients against:**

**Alzheimer**

**Population study**



**Biological sample:  
Cerebrospinal fluid  
(CSF)**



In collaboration with  
**Karolinska Institute**  
(Stockholm, Sweden)

**Colon cancer**

**Human cell lines  
Animal models**



**Biological samples:  
DNA, RNA,  
proteins and  
metabolites**



In collaboration with  
**Univ. Miguel Hernandez, Elche, Spain**  
**University of Granada, Granada, Spain**

**Leukemia**



**Human cell lines**



**Biological samples:  
DNA, RNA,  
proteins and  
metabolites**



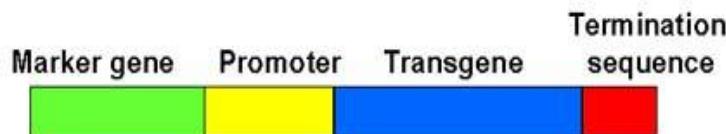
## Transgenic maize (Bt corn)

A new CryIA(b) gene (encodes for a *Bacillus thuringiensis* protoxin) is inserted by recombinant DNA techniques into the maize genome. The new protoxin acts as insecticide against lepidopters.

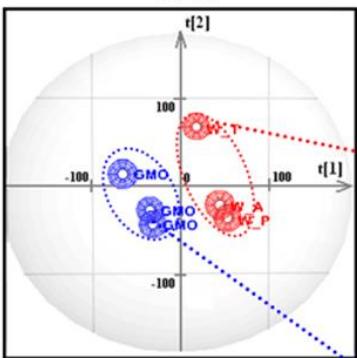
## Transgenic soybean (RR soybean)

A new CP4 EPSPS gene from Agrobacterium (that encodes for a CP4 5-enolpyruvylshikimate-3-phosphate sintase, CP4-EPSPS) is inserted by recombinant DNA techniques into the soy genome. The new CP4-EPSPS enzyme allows to the GM plant to resist the effect of the herbicide glyphosate.

Can the new inserted genes give rise to other unintended effects? The European Food Safety Agency (EFSA) recommends the development of profiling techniques to study these unexpected effects.



(A)

GMO (PLS-DA)  
 $t[1]/t[2]$ 

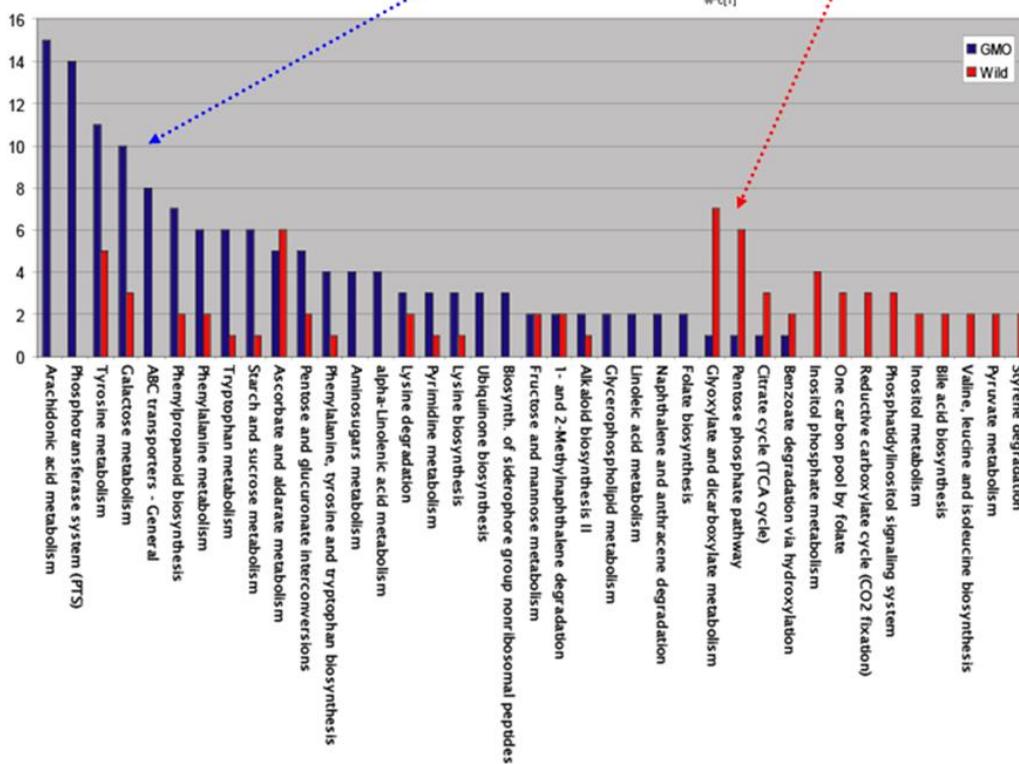
# NON-TARGET METABOLOMICS: FT-ICR-MS & CE-TOF-MS

## TRANSGENIC vs. CONVENTIONAL MAIZE

(B)

GMO (PLS-DA)  
 $w^*c[\text{Comp. 1}]/w^*c[\text{Comp. 2}]$ 

(C)



The score scatter plot underlines a different pattern for the transgenic (blue color) and wild maize lines (red color). The different properties of the discriminative masses (represented in blue and red in the loading plot) were investigated with MassTRIX.

Statistical analysis of the data from non-target metabolomics (based on FT-ICR-MS and CE-TOF-MS analysis) lead to the tentative identification of possible biomarkers specific of GM vs. wild organisms.

# Capillary Electrophoresis Time-of-Flight Mass Spectrometry for Comparative Metabolomics of Transgenic versus Conventional Maize

Tuuli Levandi,<sup>†</sup> Carlos Leon,<sup>‡</sup> Mihkel Kaljurand,<sup>†</sup> Virginia Garcia-Cañas,<sup>‡</sup> and Alejandro Cifuentes<sup>\*,‡</sup>

Faculty of Science, Tallinn Technical University, Ehitajate tee 5, 19086 Tallinn, Estonia, and Institute of Industrial Fermentations (CSIC), Juan de la Cierva 3, Madrid, Spain



Contents lists available at ScienceDirect

Journal of Chromatography A

journal homepage: [www.elsevier.com/locate/chroma](http://www.elsevier.com/locate/chroma)



Metabolomics of transgenic maize combining Fourier transform-ion cyclotron resonance-mass spectrometry, capillary electrophoresis-mass spectrometry and pressurized liquid extraction

Carlos Leon<sup>a</sup>, Irene Rodriguez-Meizoso<sup>a</sup>, Marianna Lucio<sup>b</sup>, Virginia Garcia-Cañas<sup>a</sup>, Elena Ibañez<sup>a</sup>, Philippe Schmitt-Kopplin<sup>b,\*</sup>, Alejandro Cifuentes<sup>a,\*\*</sup>

<sup>a</sup> Institute of Industrial Fermentations (CSIC), Juan de la Cierva 3, Madrid, Spain

<sup>b</sup> Institut für Ökologische Chemie (Helmholtz Zentrum Muenchen), Ingolstaedter Landstrasse 1, Neuherberg, Germany

## ELECTROPHORESIS

*Electrophoresis* 2010, 31, 1175–1183

1175

Carolina Simó<sup>1</sup>  
Elena Domínguez-Vega<sup>2</sup>  
María Luisa Marina<sup>2</sup>  
María Concepción García<sup>2</sup>  
Giovanni Dinelli<sup>3</sup>  
Alejandro Cifuentes<sup>1</sup>

<sup>1</sup>Department of Food Analysis,  
Institute of Industrial

### Research Article

### CE-TOF MS analysis of complex protein hydrolyzates from genetically modified soybeans – A tool for foodomics

# Foodomics projects in our lab on:

**Safety, quality and traceability of Transgenic foods  
Other foods & ingr**

GM corn, GM soya,  
GM yeast...

DNA, proteins and metabolites



In collaboration with  
**GSF**  
(Munich, Germany)

**Bioactivity of food ingredients against:**

**Alzheimer**

**Population study**



Biological sample:  
Cerebrospinal fluid  
(CSF)



In collaboration with  
**Karolinska Institute**  
(Stockholm, Sweden)

**Colon cancer**

**Human cell lines  
Animal models**



Biological samples:  
DNA, RNA,  
proteins and  
metabolites



In collaboration with  
**Univ. Miguel Hernandez, Elche, Spain**  
**University of Granda, Granada, Spain**

**Leukemia**



**Human cell lines**



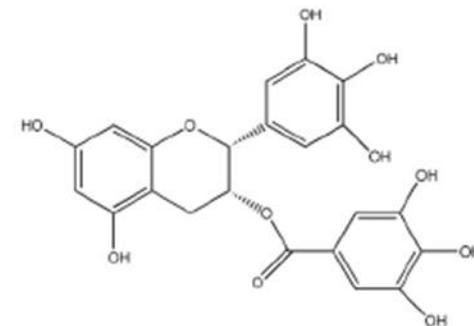
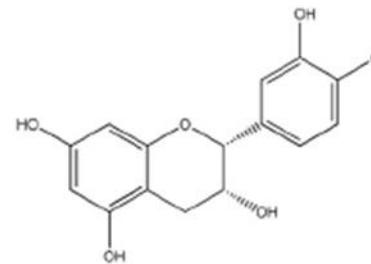
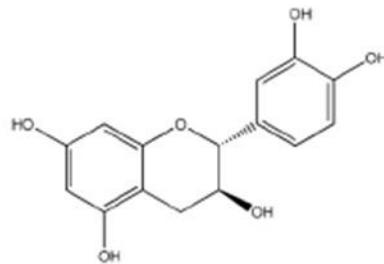
Biological samples:  
DNA, RNA,  
proteins and  
metabolites



# Procyanidins

## PROPERTIES

- Type of **phenolic** compounds abundantly found in vegetables.
- Consumed in **high amounts** in diet.
- Responsible for **sensory** properties: astringency, bitterness, aroma, colour.
- Different **bioactivities** described: antioxidant, anti-proliferative, anti-inflammatory, among others.



# Grape Seed Procyanidins

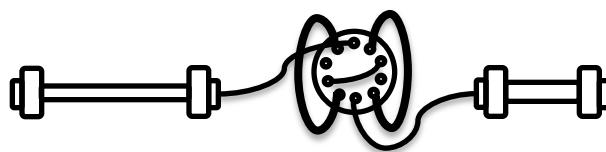
## METHOD OPTIMIZATION



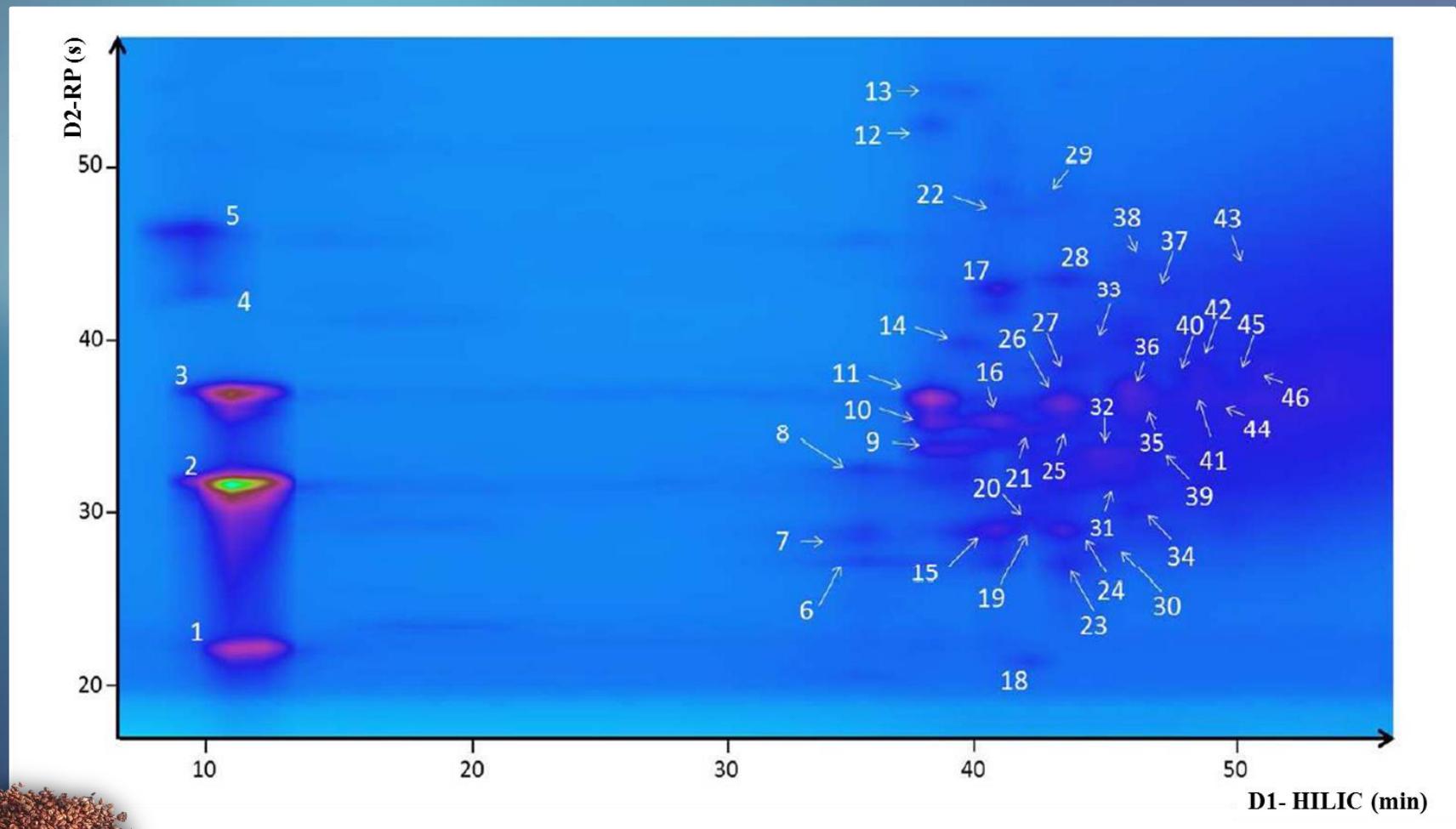
- » LC x LC –DAD-MS instrument.
- » Operated using a 10-port 2-position switching valve.
- » Interface using two identical injection loops

### Method requirements

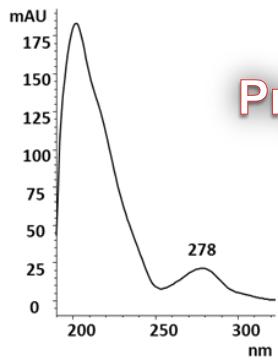
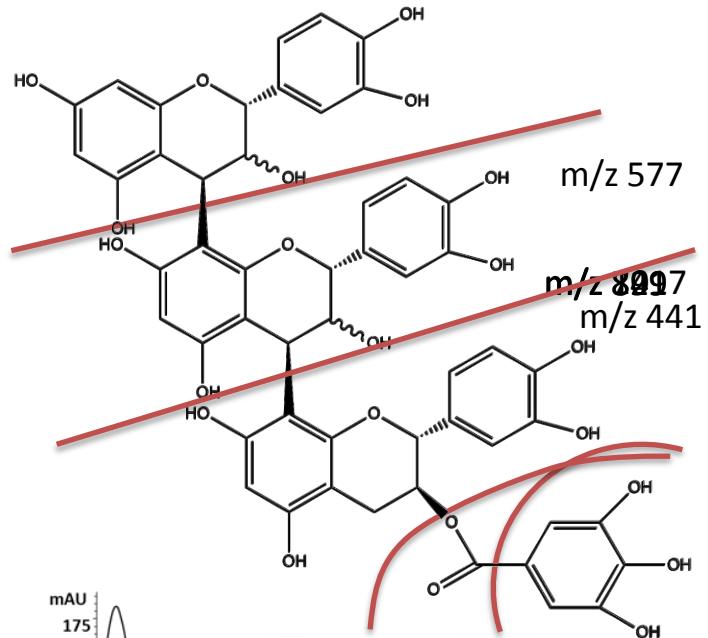
- First dimension: microbore column – very low flow rates
- Second dimension: fast separations
- D2 separation time  $\leq$  time to fill injection loop with D1 eluent.



# Grape Seed Procyanidins

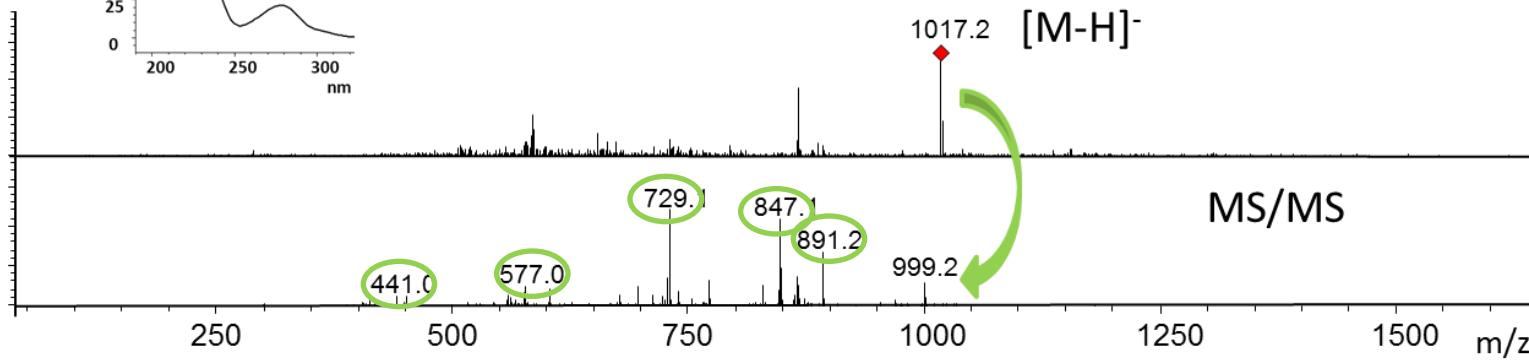
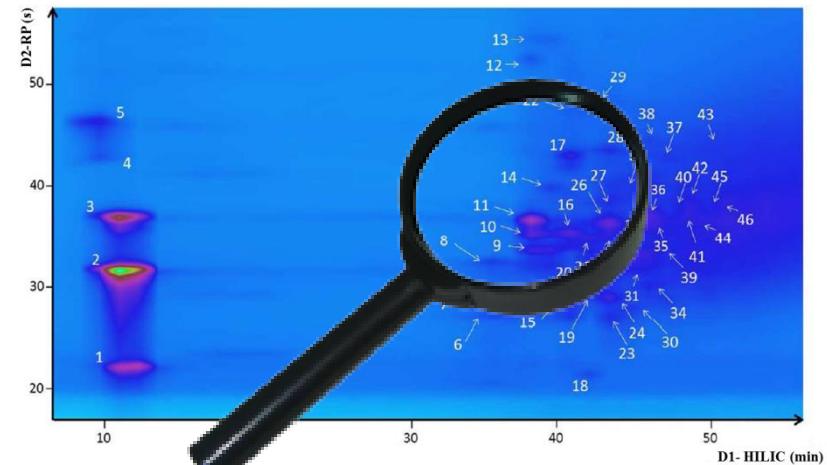


# Grape Seed Procyanidins



Procyanidin trimer – monogallate

PEAK 17

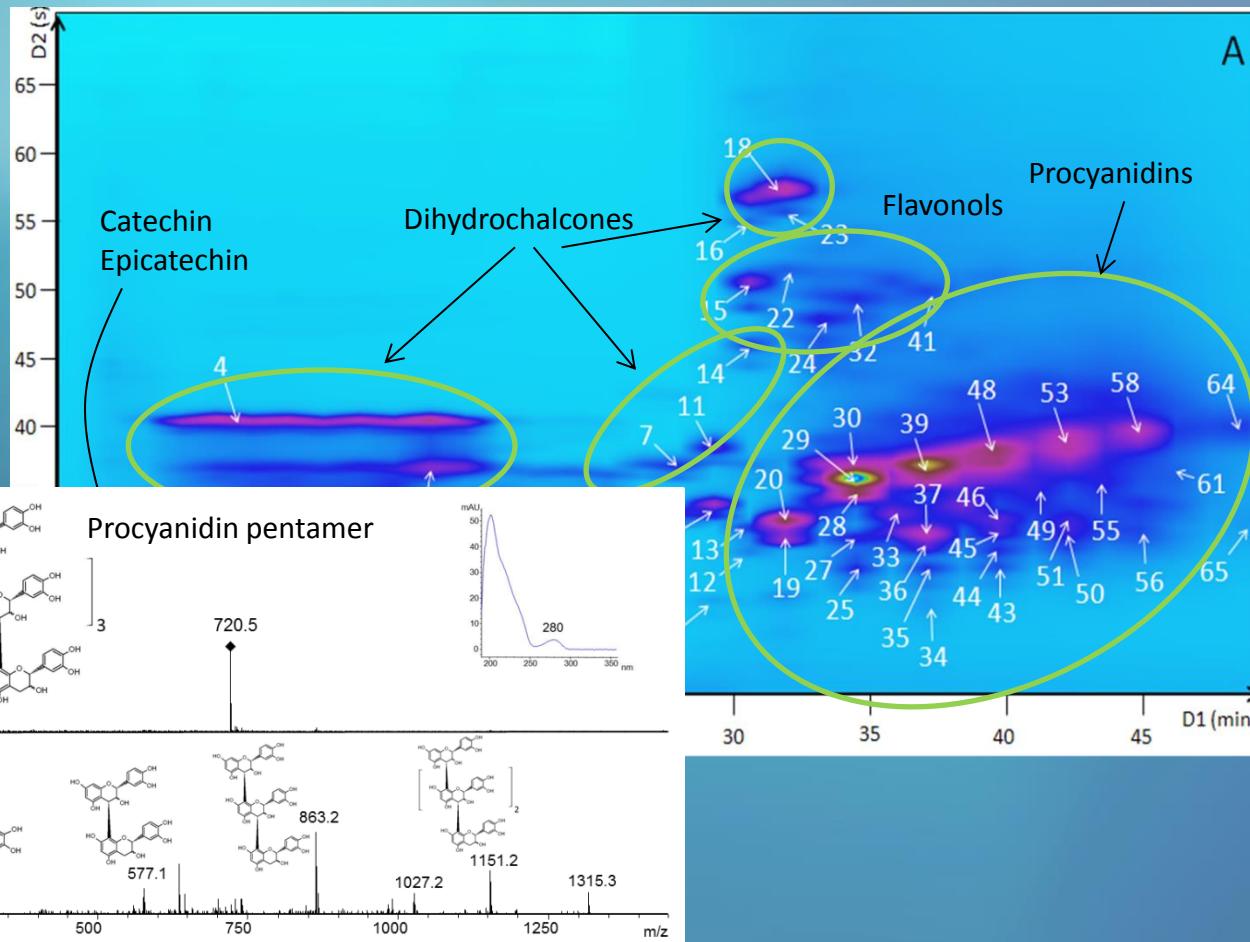


MS/MS

# Apple Polyphenols



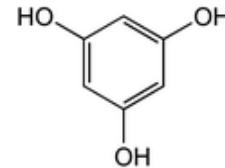
## Samples analysis and peak identification



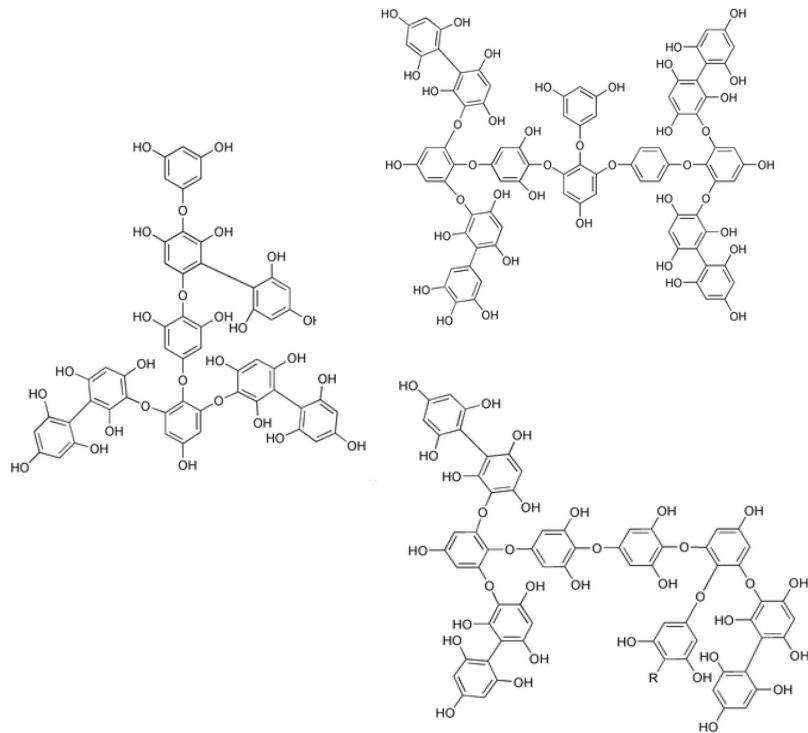
# Phlorotannins in Algae

## PHLOROTANNINS

- \* Type of polyphenols only found in algae.
- \* Polymeric forms.
- \* Basic unit: phloroglucinol.
- \* Important bioactivities *in vitro*:
  - » Antioxidant
  - » Anticancer
  - » Anti-allergenic
  - » Anti-inflammatory
  - » Antimicrobial



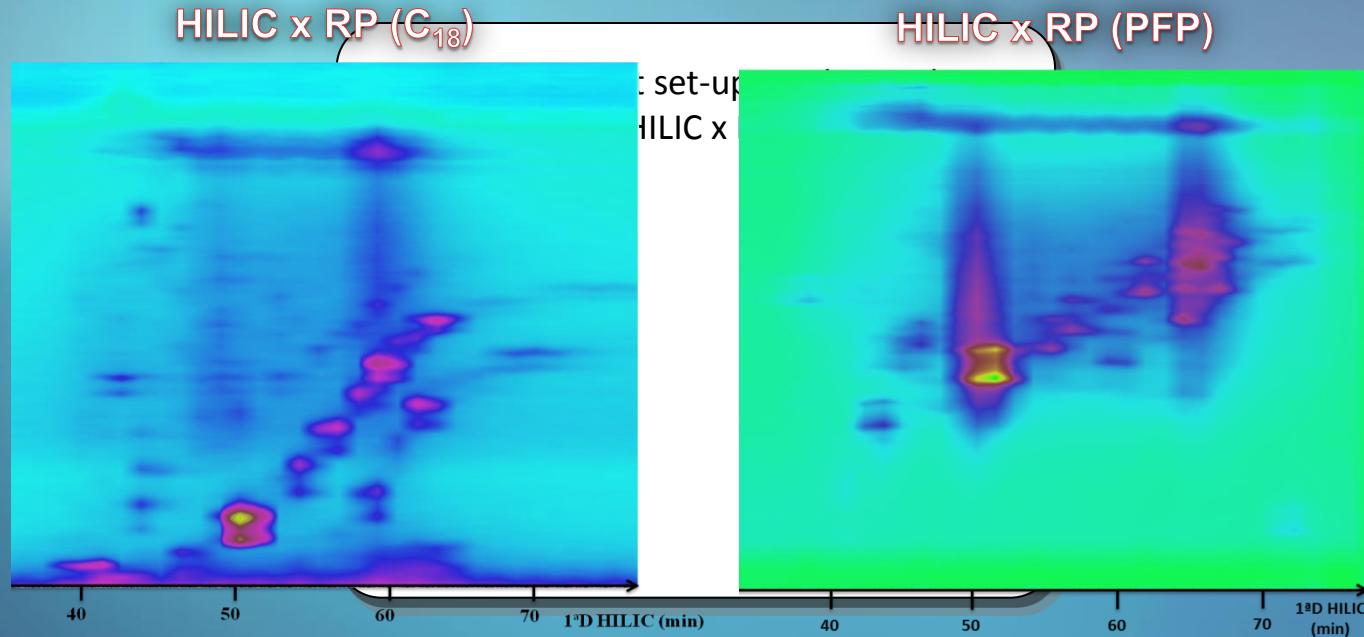
Phloroglucinol



# Phlorotannins in Algae

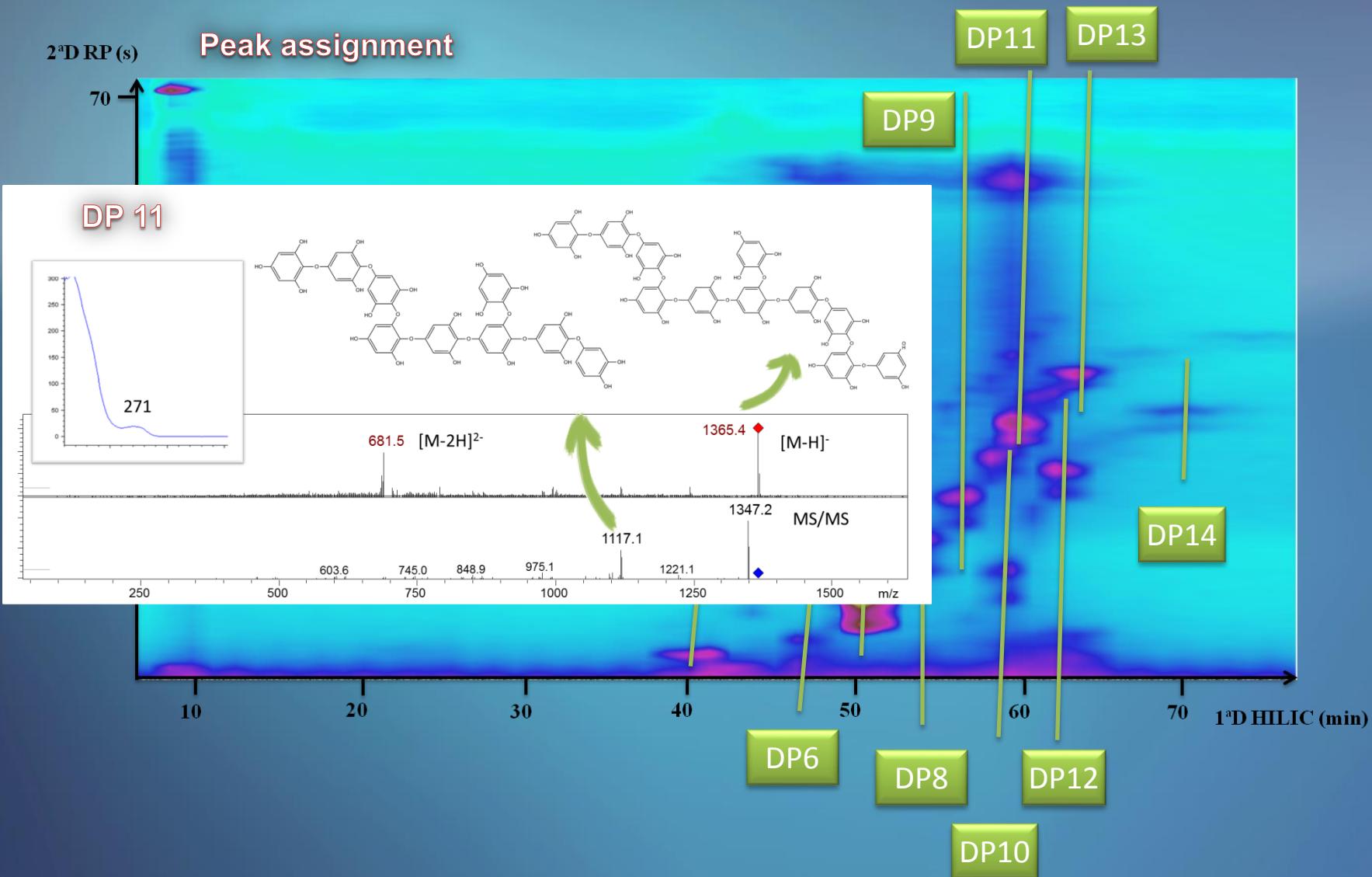
Work under way...

- » Development of a LC x LC method to separate and identify the phlorotannins fraction in *Cystoseira abies-marina* brown algae.



Preliminary results

# Phlorotannins in Algae





## Profiling of phenolic compounds from different apple varieties using comprehensive two-dimensional liquid chromatography



CrossMark

Lidia Montero, Miguel Herrero\*, Elena Ibáñez, Alejandro Cifuentes

*Laboratory of Foodomics, Institute of Food Science Research (CIAL, CSIC), Nicolás Cabrera 9, Campus Cantoblanco, 28049 Madrid, Spain*

Anal Bioanal Chem (2013) 405:4607–4616

DOI 10.1007/s00216-012-6687-y

ORIGINAL PAPER

## Optimization of clean extraction methods to isolate carotenoids from the microalga *Neochloris oleoabundans* and subsequent chemical characterization using liquid chromatography tandem mass spectrometry

María Castro-Puyana · Miguel Herrero · Iratxe Urreta ·  
Jose A. Mendiola · Alejandro Cifuentes · Elena Ibáñez ·  
Sonia Suárez-Alvarez

# Foodomics projects in our lab on:

**Safety, quality and traceability of Transgenic foods**  
**Other foods & ingr**



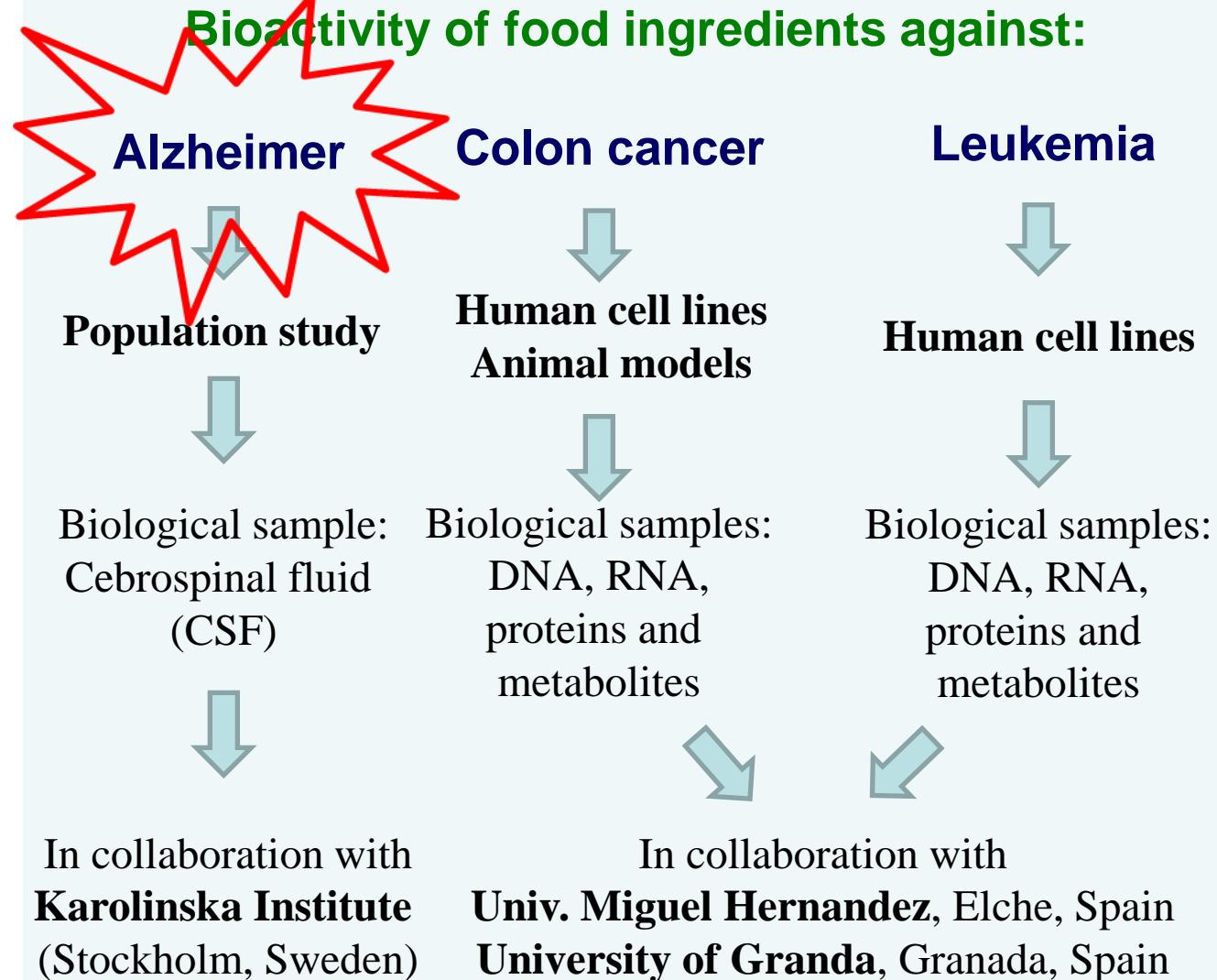
**GM corn, GM soya, GM yeasts...**



**DNA, proteins and metabolites**

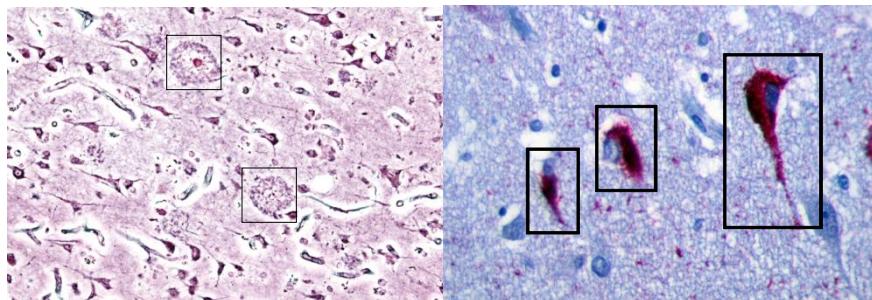
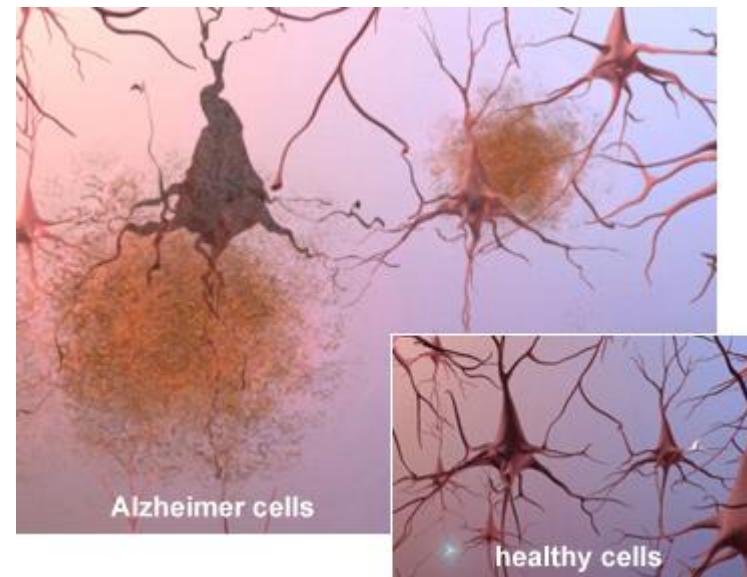


**In collaboration with  
GSF  
(Munich, Germany)**



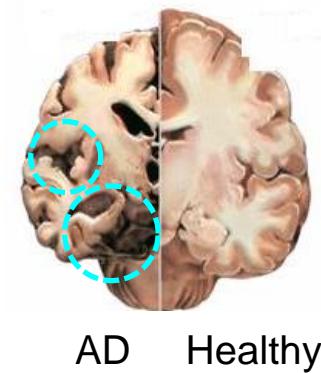
# ALZHEIMER'S DISEASE

- Most prevalent dementia among aged people.  
Increasing incidence (WHO):  
>20% older than 64 years old.
- Alzheimer's disease (AD) description 100 years ago; however origin and causes are unknown.
- Progressive destruction and atrophy of brain cortex: neurofibrillary tangles and amyloid plaques.



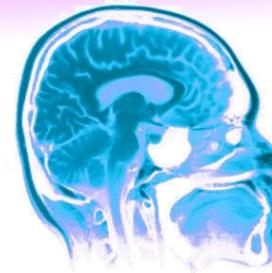
Amyloid plaques

Neurofibrillary tangles



# ALZHEIMER'S DISEASE

- Neurophysiological evaluation
- Clinical examination
- Protein analysis including total tau (T-Tau), phospho-tau (P-Tau) and  $\text{A}\beta_{1-42}$ .
- Brain imaging: NMR, PET, SPECT.



90% advanced cases of AD

6000-10000 € / patient

MCI: Mild cognitive impairment cannot be detected

We have developed a metabolomics approach  
for the early diagnosis of AD based on CSF analysis

# ALZHEIMER'S DISEASE

## ELECTROPHORESIS

Electrophoresis 2013, 34, 2799–2811

Clara Ibáñez  
Carolina Simó  
Alejandro Cifuentes

Laboratory of Foodomics, CIAL  
(CSIC), Madrid, Spain

Received December 21, 2012  
Revised February 21, 2013  
Accepted February 23, 2013

### Review

#### Metabolomics in Alzheimer disease research

Alzheimer's disease (AD) is a neurodegenerative disease still unknown. The majority of AD biochemical markers developed as an extension of targeted physiological hypothesis. The potential of metabolomics for the identification of new biochemical pathways modified in this review work. A variety of nontargeted metabolomic studies between healthy subjects and AD patients are metabolomics to predict progression to AD in individuals is also presented.

#### Keywords:

Alzheimer's disease / Biomarker / Metabolomics / Multivariate statistical analysis

### 1 Introduction to Alzheimer's disease

The incidence of many diseases increases rapidly with aging. Alzheimer's disease (AD) is the most prevalent cause of dementia among older people [1]. It is an incurable, degenerative, and terminal multifactorial disease. Although the initiating events are still unknown [2], AD seems to result from a combination of genetic, environmental, and lifestyle risk factors [3]. One of the hallmarks of AD is the observation of amyloid plaques (or senile plaques) and neurofibrillary tangles. Amyloid plaques are produced by the accumulation of amyloid beta (A<sub>B</sub>) peptides. The "amyloid hypothesis" assigns a crucial role to abnormal processing of amyloid precursor protein (APP), which is sequentially cleaved by  $\alpha$ -,  $\beta$ -, and  $\gamma$ -secretase originating neurotoxic-soluble A<sub>B</sub> peptides that aggregate in oligomers to form these plaques. On the other hand, neurofibrillary tangles are intracellular filamentous aggregates of the microtubule-associated protein tau. In its hyperphosphorylated status, tau protein detaches from the microtubules and, consequently, the microtubules fall apart and tau tends to aggregate inducing breaks in the microtubular tracks and neuronal death. It has been estimated that AD

process begins 10 years before the onset of dementia [4]. At diagnosis of AD, it is elucidated that there is no clear progression route. MCI is state in which there is no cognitive impairment, but it is expected that this does not last more than 3 years [5]. In Fig. 1, the subtypes of MCI are followed: MCI followed by MCI, MCI followed by dementia, MCI followed by dementia followed by MCI, and MCI followed by dementia followed by dementia. As far as we know, the results suggest that CE-MS metabolomics of CSF samples can be a useful tool for early detection of AD.

### 2

Alzheimer's disease (AD) is characterized by progressive loss of memory and other cognitive functions leading to dementia. The long duration of AD and its increased incidence with age constitutes a large emotional and financial weight for patients, their families, and society. It is predicted that the worldwide number of AD cases, presently about 36 million, will triple by 2050.<sup>1</sup> Thus, it is of extreme importance to solve the most important AD questions raised, i.e., origin, causes, prevention, and early and accurate diagnosis. Most AD biomarkers deeply studied so far are protein molecules. Thus, increased total tau (t-tau) and phospho-tau (p-tau) while decreased amyloid beta (A<sub>B</sub>) levels have been observed in AD subjects, in comparison with nondemented subjects.<sup>2</sup> Sensitivity and specificity values of 80–88% are obtained in the diagnosis of advanced cases of AD when these biomarkers are combined.<sup>3,4</sup> On the other hand, advanced medical brain imaging techniques (computed tomography, nuclear magnetic resonance imaging, and single photon or positron emission computed tomography) may help to diagnose the existence of dementia but not specific dementia due to AD.<sup>5</sup> The combination of the analysis of specific protein levels and economic cost per patient arises immensely (~6 000–10 000 euros approximately per patient).

### 3

Abbreviations: A<sub>B</sub>, amyloid beta; AD, Alzheimer's disease; ApoE, apolipoprotein E; APP, amyloid precursor protein; CSF, cerebrospinal fluid; ECA, electrochemical array; LDA, linear discriminant analysis; MCI, mild cognitive impairment; MDMS-SL, multidimensional MS-based shotgun lipidomics; Mo, monomeric-enriched fraction; PCA, principal component analysis; Po, polymeric-enriched fraction; QqQ, triple quadrupole; T-tau, total tau; UPLC, ultra-performance LC.

Correspondence: Dr. Carolina Simó, Laboratory of Foodomics, CIAL (CSIC), Nicolas Cabrera 9, 28049 Madrid, Spain  
E-mail: c.simo@csic.es  
Fax: +34-91017905

Abbreviations: A<sub>B</sub>, amyloid beta; AD, Alzheimer's disease; ApoE, apolipoprotein E; APP, amyloid precursor protein; CSF, cerebrospinal fluid; ECA, electrochemical array; LDA, linear discriminant analysis; MCI, mild cognitive impairment; MDMS-SL, multidimensional MS-based shotgun lipidomics; Mo, monomeric-enriched fraction; PCA, principal component analysis; Po, polymeric-enriched fraction; QqQ, triple quadrupole; T-tau, total tau; UPLC, ultra-performance LC.

### 4

The incidence of many diseases increases rapidly with aging, among older people, is a multifactorial disease in which age is the main risk factor. Although the initiating events are still unknown, a combination of genetic, environmental and lifestyle factors [2]. Considering the continuous increase in life expectancy [3], it has been estimated that 35.6 million people would suffer dementia in 2010 [4], reaching 115.4 million in 2050. As for public awareness of AD increases, the need for methodologies for early diagnosis of AD is becoming imperative in an elderly population. However, early detection of AD is currently a huge challenge since AD probably starts 20–30 years before first clinical symptoms become noticeable. Moreover, early symptoms of AD are shared by various neuropathological disorders, including dementia.

## analytical chemistry

### Toward a Predictive Model of Alzheimer's Disease Capillary Electrophoresis–Mass Spectrometry

Clara Ibáñez,<sup>†</sup> Carolina Simó,<sup>†</sup> Pedro J. Martín-Álvarez,<sup>†</sup> Miia Kivipelto,<sup>‡</sup> Angel Cedazo-Minguez,<sup>‡</sup> and Alejandro Cifuentes<sup>§,†</sup>  
<sup>†</sup>Laboratory of Foodomics, CIAL (CSIC), Nicolas Cabrera 9, 28049 Madrid, Spain  
<sup>‡</sup>Karolinska Institute, NVS Department, KI-Alzheimer's Disease Research Center, 14186 Stockholm, Sweden

Supporting Information

**ABSTRACT:** Alzheimer's disease (AD) is the most prevalent form of dementia, an estimated worldwide prevalence of over 30 million people, and its incidence is expected to increase dramatically with an increasing elderly population. Up until now, cerebrospinal fluid (CSF) has been the preferred sample to investigate central nervous system (CNS) disorders since its composition is directly related to metabolism in the brain. In this work, a nontargeted metabolic approach based on capillary electrophoresis–mass spectrometry (CE-MS) is developed to examine metabolic differences in CSF samples from subjects with different cognitive stages. To do this, CSF samples from subjects with different cognitive stages in AD progression were analyzed. The obtained predictive values are compared with (i) subjective cognitive impairment (SCI), i.e., control group with mild cognitive impairment (MCI) which remained stable after a follow-up period of 2 years, (ii) MCI which progressed to AD within a 2-year time after the initial diagnostic work, (iii) MCI which progressed to AD within a 2-year time after the initial diagnostic work, (iv) diagnosed AD. A prediction model for AD progression using MS metabolomics of CSF samples was obtained using 73 CSF samples. Using a 100% of the samples in the diagnostic groups. The prediction power was confirmed reaching a 83% of diagnostic accuracy. The obtained predictive values were higher than those obtained by using the four biomarkers (A<sub>B</sub>/tau and tau) but need to be confirmed in larger samples. The results suggest that CE-MS metabolomics of CSF samples can be a useful tool for early detection of AD.

**Keywords:** Alzheimer's disease / CE-MS / Multivariate statistical analysis

**Journal of Chromatography A**  
Contents lists available at SciVerse ScienceDirect  
journal homepage: [www.elsevier.com/locate/chroma](http://www.elsevier.com/locate/chroma)

### A new metabolic workflow for early detection of Alzheimer's disease

Clara Ibáñez,<sup>a</sup>, Carolina Simó,<sup>a,\*</sup>, Dinesh K. Barupal,<sup>b</sup>, Oliver Fiehn,<sup>b</sup>, Miia Kivipelto,<sup>c</sup>, Angel Cedazo-Minguez,<sup>c</sup>, Alejandro Cifuentes<sup>a,\*\*</sup>  
<sup>a</sup>Laboratory of Foodomics, CIAL (CSIC), Nicolas Cabrera 9, 28049 Madrid, Spain  
<sup>b</sup>University of California Davis, Genome Center, 451 E Health Sci Drive, Davis, CA 95616, USA  
<sup>c</sup>Karolinska Institute, NVS Department, KI-Alzheimer's Disease Research Center, 14186 Stockholm, Sweden

Article history

Received 23 April 2013

Received in revised form 5 June 2013

Accepted 7 June 2013

Available online xxxx

Article info

Keywords:

Metabolomics

Alzheimer's disease

UHPLC-MS

Multivariate statistical analysis

### ABSTRACT

Alzheimer's disease (AD) is the most prevalent cause of dementia among older people. Although AD probably starts 20–30 years before first clinical symptoms become noticeable, nowadays it cannot be diagnosed accurately in its early stages. In this work, we present a new MS-based metabolic approach based on the use of ultra-high performance liquid chromatography–time-of-flight mass spectrometry (UHPLC–TOF–MS) to investigate cerebrospinal fluid (CSF) samples from patients with different AD stages. With the use of RPLC–MS and hydrophilic interaction chromatography (HILIC), two different chromatographic separation modes, namely reversed phase (RP) and hydrophilic interaction chromatography (HILIC), were used. RP/UHPLC–MS and HILIC/UHPLC–MS methods were optimized and applied to analyze CSF samples from subjects with different cognitive stages related to AD progression. Significant metabolic differences in CSF samples from subjects with different cognitive stages related to AD progression were detected using this methodology, obtaining a group of potential biomarkers together with a classification model by means of a multivariate statistical analysis. The proposed model predicted AD with an accuracy of 98.7% and specificity and sensitivity values above of 95%.

© 2013 Elsevier B.V. All rights reserved.

Up to date there is no clinical method to determine which mild cognitive impairment (MCI) individuals will progress to AD except for a long clinical follow-up period. In approximately 80% of cases, MCI progresses to dementia when these subjects are followed up 6 years [5]. Although there are several drugs that have been proven to slow disease progression and treat symptoms, so far, no treatment can effectively modify AD [6]. Early diagnosis of AD is expected to strongly impulse more research on potential AD risk factors, advances on more efficient drugs and cognitive stimulation programs.

Nowadays, AD can be definitely diagnosed only after death. However, it has been reported that increased total tau (t-tau) and phospho-tau (p-tau) while decreased amyloid beta (A<sub>B</sub>) levels have been observed in AD subjects in comparison with non-AD subjects [7]. When these biomarkers are combined, sensitivity and specificity values of 80–88% are obtained in the diagnosis of advanced cases [8,9]. On the other hand, advanced medical brain imaging techniques (computed tomography, nuclear magnetic resonance imaging, and single photon or positron emission computed tomography) may help to diagnose the existence of dementia but not specific dementia due to AD [10]. As imaging advances are being presented, parallel work is being carried out to identify reliable and valid markers in biofluids indicative of AD pathology [11]. In this

<sup>1</sup> Corresponding author. Tel.: +34 91 0017947; fax: +34 91 0017905.  
<sup>2</sup> Corresponding author. Tel.: +34 91 0017955; fax: +34 91 0017905.  
(C. Simó, d.kbarupal@ucdavis.edu (D.K. Barupal), o.fiehn@ucdavis.edu (O. Fiehn), M.kivipelto@ki.se (M. Kivipelto), Angel.Cedazo-Minguez@ki.se (A. Cedazo-Minguez), alejandro.cifuentes@csic.es (A. Cifuentes))

<sup>\*</sup> Correspondence to: Clara Ibáñez (c.ibanez@csic.es).

<sup>\*\*</sup> Correspondence to: Miia Kivipelto (m.kivipelto@ki.se).



© 2012 American Chemical Society

852

# Foodomics projects in our lab on:

**Safety, quality and traceability of Transgenic foods  
Other foods & ingr**

GM corn, GM soya,  
GM yeasts...

DNA, proteins and metabolites

In collaboration with  
**GSF**  
(Munich, Germany)

**Bioactivity of food ingredients against:**

**Alzheimer**



**Population study**



**Biological sample:  
Cerebrospinal fluid  
(CSF)**



In collaboration with  
**Karolinska Institute**  
(Stockholm, Sweden)

**Colon cancer**

**Human cell lines  
Animal models**



**Biological samples:  
DNA, RNA,  
proteins and  
metabolites**



In collaboration with  
**Univ. Miguel Hernandez, Elche, Spain**  
**University of Granda, Granada, Spain**

**Leukemia**



**Human cell lines**



**Biological samples:  
DNA, RNA,  
proteins and  
metabolites**

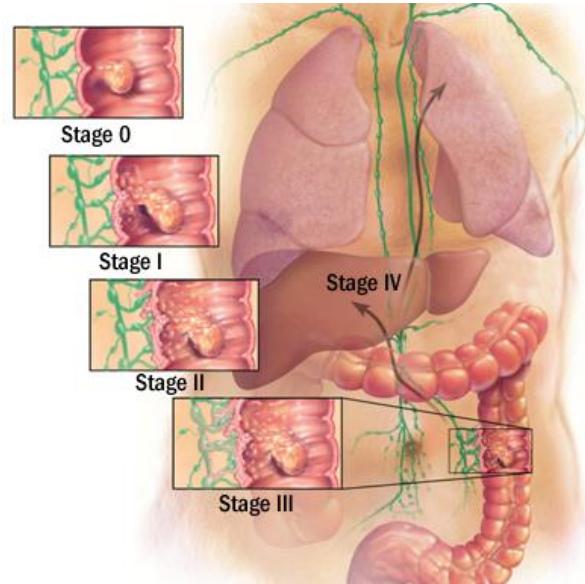


# Colon cancer and diet

The most diagnosed cancer in Spain: 25000 new cases every year

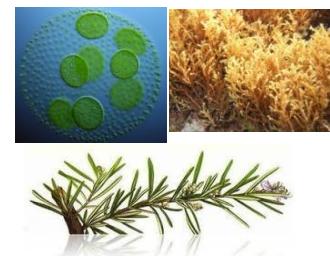
The 2nd cause of death by cancer in Europe and 4th in the world

According to several studies, **80% of the cases are related to diet**



**Can we reduce the proliferation speed of colon cancer through diet? This would be a great help since this cancer has a high percentage of recovery if intervention can commence before the period of tumor proliferation preventing the series of events leading to metastasis**

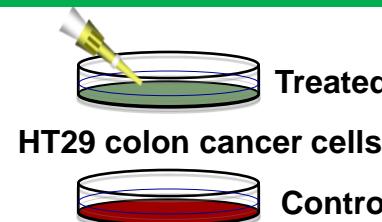
# Foodomics evaluation of dietary ingredients vs. Human colon cancer cells proliferation



SFE



Polyphenols enriched extracts characterized by LC-UV-MS



Selection of the polyphenols enriched extract with the highest anti-proliferative activity at 10 µM

Natural source

## Transcriptomics

RNAs analysis by Human Gene 1.0 ST microarrays. Genes expressed differentially confirmed by RT-qPCR

## Proteomics

Proteins analysis by 2-D electrophoresis and identification of differential proteins by MALDI-TOF-TOF

## Metabolomics

Metabolites analysis by CE-MS. RP/UPLC-MS and HILIC/UPLC-MS. Identity confirmation using standards

RNAs, proteins and metabolites fractions obtained from control and treated HT29 cells (minimum x 3)

## Data processing

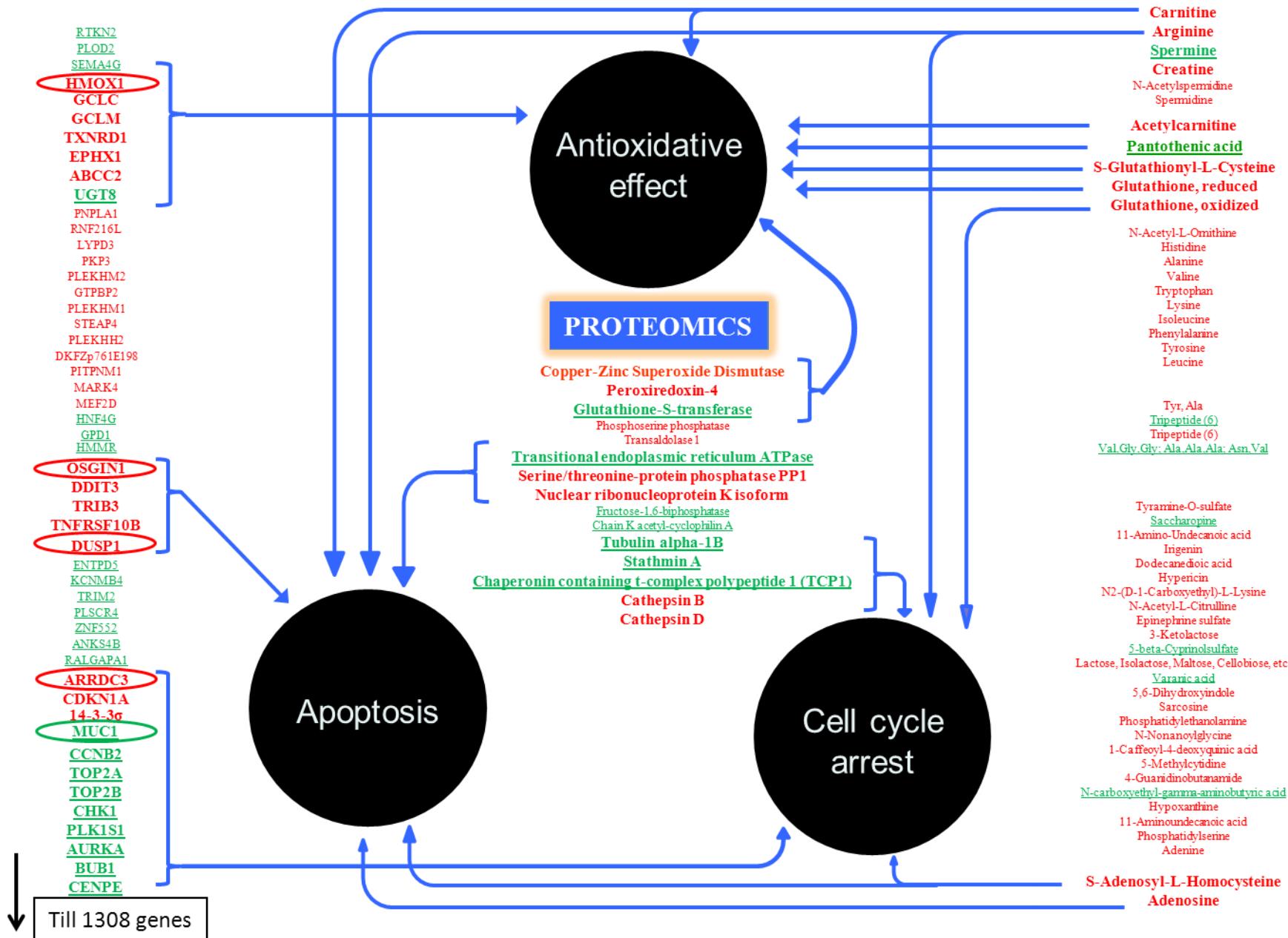
## Statistical analysis

Biomarkers identification and confirmation. Pathway analysis and biological process understanding



## TRANSCRIPTOMICS

## METABOLOMICS





## Global Foodomics strategy to investigate the health benefits of dietary constituents

Clara Ibáñez<sup>a</sup>, Alberto Valdés<sup>a</sup>, Virginia García-Cañas<sup>a</sup>, Carolina Simó<sup>a</sup>, Mustafa Celebier<sup>a</sup>, Lourdes Rocamora-Reverte<sup>b</sup>, Ángeles Gómez-Martínez<sup>b</sup>, Miguel Herrero<sup>a</sup>, María Castro-Puyana<sup>a</sup>, Antonio Segura-Carretero<sup>c</sup>, Elena Ibáñez<sup>a</sup>, José A. Ferragut<sup>b</sup>, Alejandro Cifuentes<sup>a,\*</sup>

2328

# ELECTROPHORESIS

*Electrophoresis* 2012, 33, 2328–2336

Clara Ibáñez<sup>1</sup>  
Carolina Simó<sup>1</sup>  
Virginia García-Cañas<sup>1</sup>  
Ángeles Gómez-Martínez<sup>2</sup>  
José A. Ferragut<sup>2</sup>  
Alejandro Cifuentes<sup>1</sup>

<sup>1</sup>Laboratory of Foodomics, CIAL (CSIC), Madrid, Spain

<sup>2</sup>Institute of Molecular and Cellular Biology, Miguel Hernández University, Avda.

## Research Article

# CE/LC-MS multiplatform for broad metabolomic analysis of dietary polyphenols effect on colon cancer cells proliferation

**analytical  
chemistry**

Feature

[pubs.acs.org/ac](http://pubs.acs.org/ac)

## Present and Future Challenges in Food Analysis: Foodomics

The state-of-the-art of food analysis at the beginning of the 21st century is presented in this work, together with its major applications, current limitations, and present and foreseen challenges.

Virginia García-Cañas,<sup>†</sup> Carolina Simó,<sup>†</sup> Miguel Herrero, Elena Ibáñez, and Alejandro Cifuentes\*

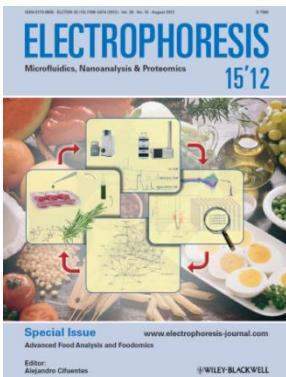
Laboratory of Foodomics, CIAL (CSIC), Nicolas Cabrera 9, 28049 Madrid, Spain

# ELECTROPHORESIS

(impact factor: 3.303)

*"Foodomics and Advanced Food Analysis"*

August 2012. Editor: A. Cifuentes

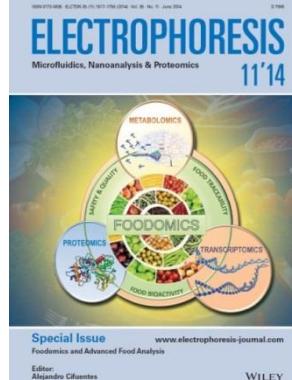


# ELECTROPHORESIS

(impact factor: 3.303)

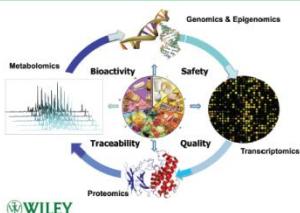
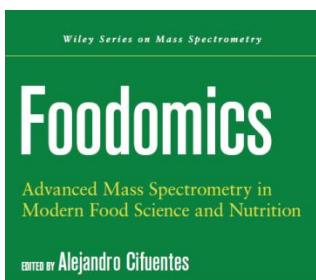
*"Foodomics and Advanced Food Analysis"*

June 2014. Editor: A. Cifuentes



 WILEY-BLACKWELL

March 2013



# TRENDS IN ANALYTICAL CHEMISTRY

(impact factor: 6.273)

*"Green extraction techniques"*

September 2015

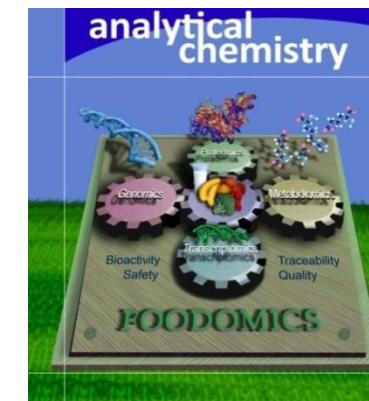


Editors:  
A. Cifuentes  
E. Ibáñez

# analytical chemistry

(impact factor: 5.856)

*"Foodomics" Cover and Feature Article December 2012*



# TRENDS IN ANALYTICAL CHEMISTRY

(impact factor: 6.273)

*"Modern Food Analysis and Foodomics"*

December 2013



Editors:  
A. Cifuentes  
D. Rutledge

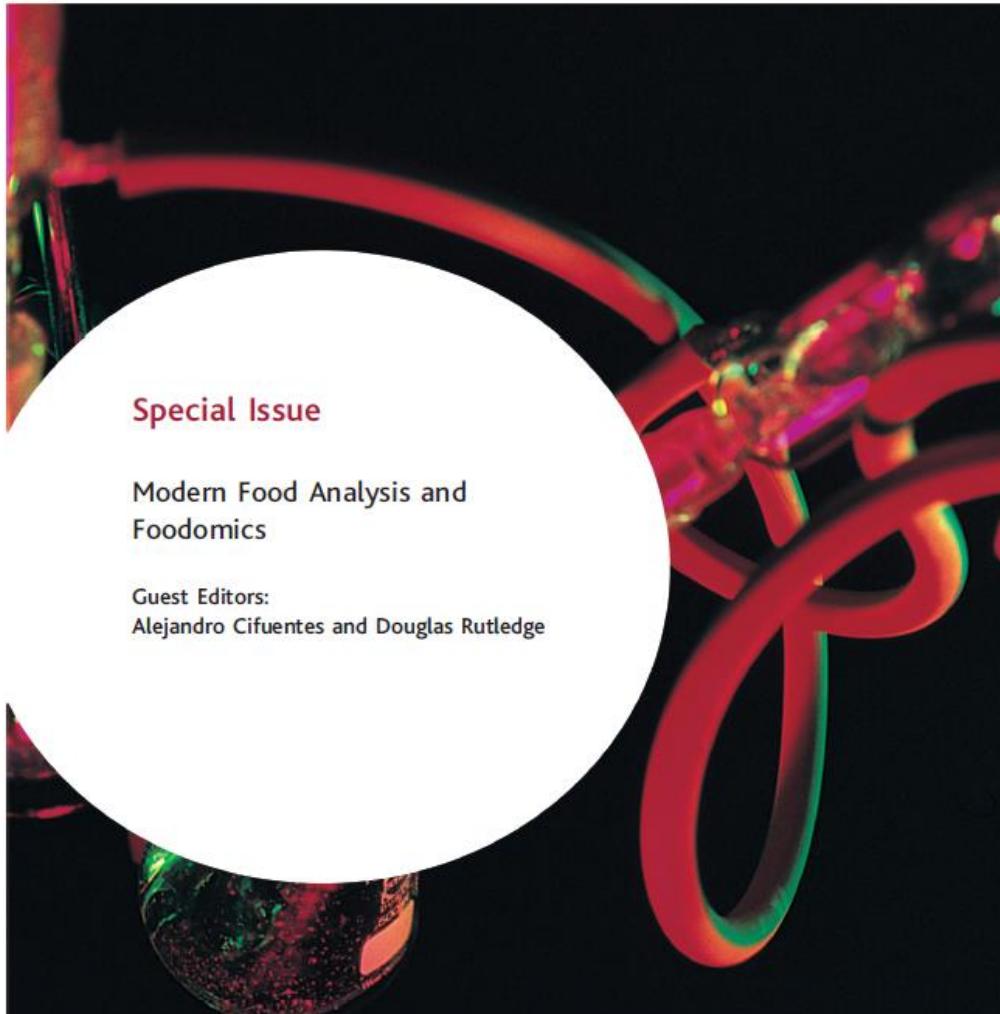


volume 52  
December 2013  
ISSN 0165-9936

# TrAC

*Trends in Analytical Chemistry*

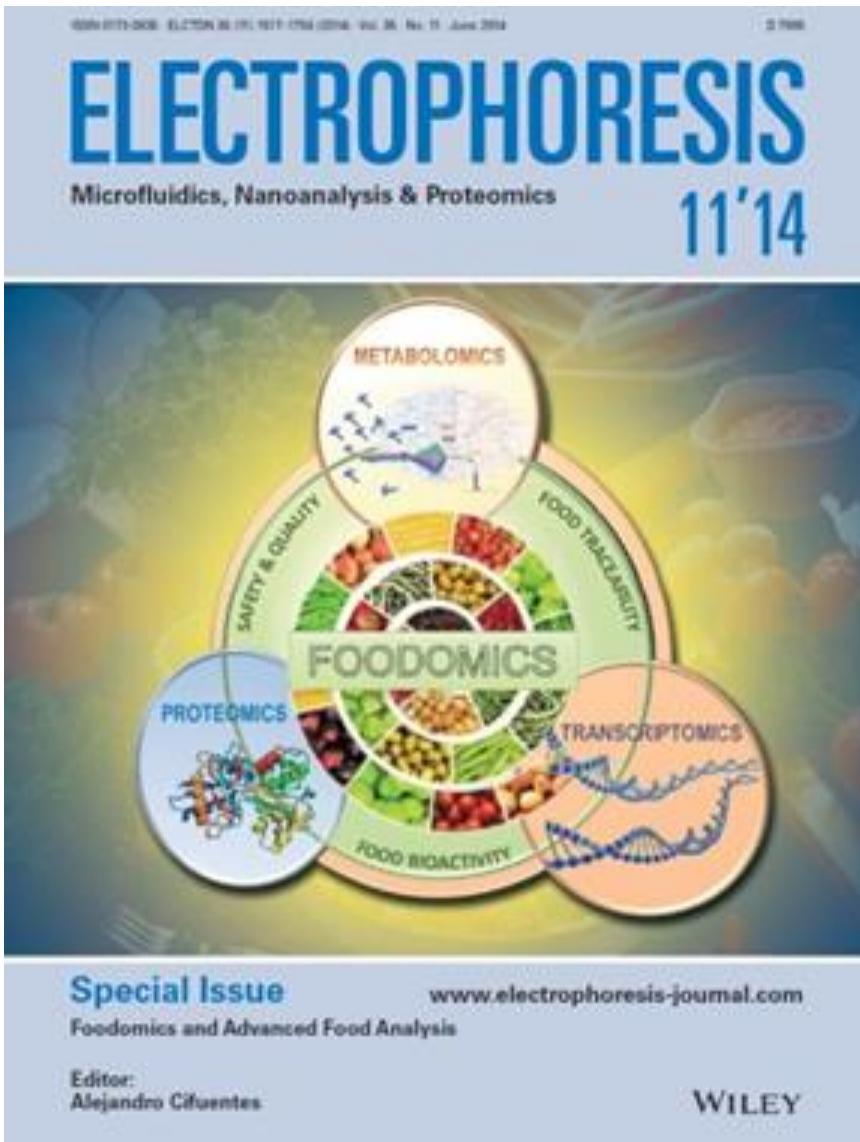
[www.elsevier.com/locate/trac](http://www.elsevier.com/locate/trac)



(Impact factor: 6.273)

**REVIEW PAPERS  
ARE ALWAYS WELCOME!**

[a.cifuentes@csic.es](mailto:a.cifuentes@csic.es)



(Impact factor: 3.303)

PAPERS ARE WELCOME ON:

e.g., omics-approaches,  
electrodriven methods, liquid-  
based separation methods...

[a.cifuentes@csic.es](mailto:a.cifuentes@csic.es)